East Suburban Catholic Conference 2023 Women's Lacrosse All-Conference Selections

Name	School	Year	Position
* Dagney Tombaugh	Benet	Jr.	Midfielder
** Shannon Earley	Benet	Jr.	Midfielder
** Madeline Jensen	Benet	Jr.	Goalie
* Gianna Kurelko	Benet	So.	Attack
* Peyton O'Neill	Benet	Jr.	Attack
* Jamie Weber	Benet	Sr.	Midfielder
* Lainey Cordova	Carmel Catholic	Sr.	Midfielder
* Maia Cordova	Carmel Catholic	Jr.	Midfielder
Bridget McCloud	Carmel Catholic	Sr.	Defender
** Carmen Colon	Marist	Jr.	Midfielder
Kaylie Grant	Marist	Jr.	Attack
Rachael Jendra	Marist	Sr.	Attack
* Maggie Ohle	Marist	Jr.	Midfielder
Merissa Rosner	Marist	So.	Midfielder
* Emma Mariano	Nazareth	Jr.	Goalie
Olivia Mowrer	Nazareth	So.	Midfielder
Maggie Doland	Saint Viator	Sr.	Defender
Sydney Freeman	Saint Viator	Sr.	Defender
Riley Ohrel	Saint Viator	So.	Goalie
Brennan Stodola	Saint Viator	Sr.	Defender
* Aleese Warner	Saint Viator	So.	Midfielder

Benet

Most Valuable Player: Madeline Jensen

Coach of the Year: Jose Colon

^{*- 2022} East Suburban Catholic All-Conference Selection

^{**- 2021} and 2022 East Suburban Catholic All-Conference Selection