

**East  
Suburban  
Catholic  
Conference**

**Athletic  
Operating  
Procedures  
2011-12**

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East Suburban Catholic Conference  
Athletic Operating Procedures  
(as of 11/1/11):**

**Athletic Operating Procedures**

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The following Athletic Operating Procedures have been adopted by the membership of the East Suburban Catholic Conference and are applicable as of July 05, 2007.

Adopted: November 25, 1958

Revised:	November 21, 1960	May 20, 1964
	May 17, 1967	May 21, 1969
	May 18, 1982	May 07, 1985
	May 01, 1990	May 05, 1992
	May 02, 1995	May 24, 1996
	July 21, 1997	July 05, 1998
	May 01, 1999	May 01, 2001
	August 27, 2002	May 06, 2003
	May 04, 2004	July 05, 2005
	April 26, 2006	July 18, 2007

## **Article 1 – Boys Baseball**

### **CONFERENCE BOYS BASEBALL COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
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- Conference contact information by individual school;
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- Conference Report Forms for reporting statistics and results;
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- Link to the Illinois High School Association;
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- Hall of Fame Information;
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- Access to directions to schools;
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Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – All Conference Selection Meeting**

The boys Baseball All Conference and post season meeting is scheduled for Sunday, May 20, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and game results will be kept in boys Baseball for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

### **CONFERENCE BOYS BASEBALL ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of boys Baseball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

There will be a double round robin schedule for freshman, sophomore, and varsity teams.

The freshman and sophomore contests will be scheduled on the same day and time at the opposite site of the scheduled varsity opponent.

No East Suburban Catholic Conference game can be scheduled before the first Saturday of the conference season, which is the Saturday of Week 41 of the Illinois High School Association calendar.

If a game has to be changed due to an academic requirement, the game should be rescheduled as close to the original scheduled date as possible.

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Baseball shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Sophomore level competition in boys Baseball shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in boys Baseball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Baseball may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 8 - Starting Times**

The recommended starting time is 04:30 pm for all Baseball competition on weekdays.

The recommended starting time is 10:00 am for all Baseball competition on Saturdays.

A ten to fifteen minute warm up time is required for the visiting team.

### **Section 9 - Officials**

Two Illinois High School Association umpires are to be contracted for a varsity boys Baseball contest.

If only one umpire is available, the contest is to be played.

It is recommended that two Illinois High School Association umpires are to be contracted for the freshman and sophomore boys Baseball contests.

If only one umpire is available, the contest is to be played.

The home team for the contest will pay for the officials regardless of the original site location.

### **Section 10 - School Information**

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Baseball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Boys Baseball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

## **CONFERENCE BOYS BASEBALL HONORS**

### **Section 11 - Championships**

Championships in freshman, sophomore, and varsity Baseball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

### **Section 12 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the Conference standings.

### **Section 13 - All-Conference**

An all-conference squad will be selected in Baseball by vote of the head coaches of each member school. The number in Baseball will be twenty-four (24).

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in Baseball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for Baseball shall be determined by the Athletic Directors and has been set at twenty-four (24).

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The Baseball All Conference and post season meeting is scheduled for Sunday, May 20, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and will begin at 10:00 am.

The Conference Secretary is responsible to publish the boys Baseball All Conference team.

There will be a copy of the boys Baseball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

#### **Section 14 – Special Post Season Conference Awards**

Excellence in boys Baseball will be recognized with the selection of a Player of the Year and a Coach of the year.

The Player of the Year of the Conference in boys Baseball will be the individual that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in boys Baseball will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Baseball.

### **CONFERENCE BOYS BASEBALL SPECIFIC RULES**

#### **Section 15 - Game Ball**

Any official top grade baseball is to be used with a minimum of three baseballs per game. A National or American League baseball is recommended.

#### **Section 16 - Special Regulations**

The ten run rule is mandatory in all contests.

The re-entry rule and the use of a courtesy runner for the pitcher and catcher shall follow state rules.

#### **Section 17 - Incomplete Contests**

All varsity tie contests that are official regulation games will be continued at the point where the game was suspended at the same site on the first open date.

Sophomore and freshman official regulation tie contests will be determined on a .5 won and .5 loss basis in the standings and will not be replayed.

If any game (freshman, sophomore, or varsity) must be postponed because of rain, darkness, or other reasons, it is ruled a "suspended game" under provisions of Rule 4-2-3.

Any game that is not official regulation game (four and one-half innings if the home team is ahead or five innings if the visiting team is ahead) will be considered a suspended game and shall be continued from the point of suspension.

All sophomore and freshman official regulation incomplete contests will not be replayed. The winner in this case will be the team leading at the end of the last complete inning when the game was called.

#### **Section 18 - Postponed Contests**

The decision whether or not to play when weather and ground conditions are doubtful rest on the judgment of the host school.

Postponed contests are to be played the next day.

If games are continually postponed, they are automatically rescheduled in the order of postponement as set by the Athletic Directors.

State Tournament contests take preference over regularly scheduled Conference contests.

Regularly scheduled or rescheduled Conference contests will always take preference over regularly scheduled or rescheduled non-conference contests.

Conference teams are required to complete their conference schedule, but if late, in season, continued postponements occur; these teams need not play when mutually agreed upon unless any contest has a bearing on the Conference Championship.

In the event the host field is unplayable and the visiting location is playable, the contest is to be played at the available field whenever possible.

The varsity contest will take priority over lower levels with both fields and umpires.

This is followed in the priority of the sophomore level and the freshman level.

If a contest is moved to the alternate site, the umpires scheduled for the lower level contest will be used on the varsity level, only if the scheduled umpires for the varsity contest cannot be moved to the new location, and if the lower level umpires are determined competent to handle varsity level competition. This decision will rest with the assignment chairman for that school and the Athletic Director.

This also applies to double headers. In the event that both sites are not playable for a double header, then the contests are to be made up in a double header format at the site of the original host school or to be made up on individual days with both individual contests to be played at the site of the original host school.

In the event a contest is moved to the visitor's site from the original site due to field availability or playing conditions, the schedule remains intact for remaining contests.

Varsity contests are to be played first with sophomore and freshman contests following in priority. Varsity contests are to be moved to the first available playing facility.

#### **Section 19 - Double Headers**

Double headers will be scheduled in the East Suburban Catholic Conference. When a double header is scheduled, each team will assume the role of the home team.

The host school will be the home team for the first game, and the visiting school will be the home team for the second game. The doubleheader host school will supply baseballs for the double header.

Communication should take place concerning the amount of time between contests. It is recommended that fifteen minutes be allowed for necessary adjustments between contests.

## **Article 2 – Boys Basketball**

### **CONFERENCE BOYS BASKETBALL COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
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Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – All Conference Selection Meeting**

The boys Basketball All Conference and post season meeting is scheduled for Saturday, February 25, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 09:30 a.m.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings, game results, and varsity individual scoring statistics will be kept in boys Basketball for the freshman, sophomore, and varsity levels of competition.

Team standings, game results, and varsity individual scoring statistics will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

### **CONFERENCE BOYS BASKETBALL ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of boys Basketball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

An eight (8) game schedule has been formatted.

The sophomore and varsity will play at the site designated by the schedule.

The freshman will play at the opposite sites on Saturday following a Friday night contest or on a Monday following a Saturday night contest.

The schedule shall be counted backwards from the Monday before the Illinois High School Association Regional Tournament.

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Basketball shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Sophomore level competition in boys Basketball shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in boys Basketball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Basketball may not compete against a single school on more than one level of competition per conference scheduling period.

Freshman players can play a total of four quarters in both the "A" and "B" games on a given day. The seven pre-designated "A" team players may not play in the "B" game.

### **Section 8 - Starting Times**

The recommended starting time is 06:00 pm for all sophomore boys' Basketball competition.

The recommended starting time is 07:30 pm for all varsity boys' Basketball competition.

The recommended starting time is 05:30 pm for all freshman boys' basketball competition on weekdays.

The recommended starting time is 10:00 am for all freshman boys' basketball competition on Saturday.

Pre-game warm-up time for women's Basketball for freshman A, sophomore, and varsity have been set at twenty (20) minutes

### **Section 9 - Officials**

Three Illinois High School Association officials are to be contracted for a varsity boys Basketball contest.

Two Illinois High School Association officials are to be contracted for the freshman and sophomore boys Basketball contests.

### **Section 10 - School Information**

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Basketball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Boys Basketball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

## **CONFERENCE BOYS BASKETBALL HONORS**

### **Section 11 - Championships**

Championships in freshman, sophomore, and varsity boys Basketball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

### **Section 12 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the Conference standings.

### **Section 13 - All-Conference**

An all-conference squad will be selected in boys Basketball by vote of the head coaches of each member school. The number in boys Basketball will be twelve (12).

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in boys Basketball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for boys Basketball shall be determined by the Athletic Directors and has been set at twelve (12).

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The boys Basketball meeting is scheduled for Saturday, February 25, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 09:30 a.m.

The Conference Secretary is responsible to publish the boys Basketball All Conference team.

There will be a copy of the boys Basketball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

#### **Section 14 – Special Post Season Conference Awards**

Excellence in boys Basketball will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Basketball coaches of the Conference.

The Most Valuable Player of the conference in boys Basketball will be the individual that receives the highest number of votes in the balloting for All Conference.

The Coach of the Year of the Conference in boys Basketball will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Basketball.

### **CONFERENCE BOYS BASKETBALL SPECIFIC RULES**

#### **Section 15 - Length of Contests**

Length of quarters in freshman "A" and "B," and sophomore contests shall be seven minutes, and in junior varsity and varsity contests shall be eight minutes.

#### **Section 16 - Uniforms**

The home team shall wear light colored jerseys, and the visiting team shall wear dark colored jerseys.

#### **Section 17 - Game Ball**

The official Conference basketball will follow the State or Illinois High School Association regulations.

The host school at all levels of boys Basketball will be responsible for supplying boys basketballs to visiting schools for all warm up periods.

The host team at all levels shall provide the visiting team with a chalkboard or grease board with appropriate writing implements.

The host school at all levels of boys Basketball should supply the visiting team with water and a method to dispense the water.

#### **Section 18 - Extraordinary Assistants**

The timing, scoring, and announcing positions at sophomore and varsity boys Basketball contests will be handled by adults.

An adult is defined as a member of the school's staff, when possible, or as parents, responsible alumni, or capable associates, when the need arises.

## **Article 3 - Girls Basketball**

### **CONFERENCE GIRLS BASKETBALL COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

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#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – All Conference Selection Meeting**

The girls Basketball meeting is scheduled for Sunday, February 12, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at Benet Academy and begin at 01:00 pm.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings, game results, and varsity individual scoring statistics will be kept in girls Basketball for the freshman, sophomore, and varsity levels of competition.

Team standings, game results, and varsity individual scoring statistics will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

### **CONFERENCE GIRLS BASKETBALL ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of girls Basketball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year. The

Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

There will be a single round robin schedule for freshman, sophomore, and varsity teams.

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in girls Basketball shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Sophomore level competition in girls Basketball shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in girls Basketball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

No player may appear in more than six (06) quarters per scheduling period. The following criteria to be followed:

- one live ball equals one quarter;
- this move can only be made with players moving from a lower level to an upper level;
- player (s) must be identified prior to the contest.

~~A player (contestant) in girls Basketball may not compete against a single school on more than one level of competition per conference scheduling period.~~

**Clarification:** To field a full team in the case of players for the "B" level (injury, eligibility, illness, etc) "A" players may be allowed to play in the "B" game if both coaches agree prior to the game.

### **Section 8 - Starting Times**

The recommended starting time is 05:30 pm for all weekday sophomore girls' Basketball competition.

The recommended starting time is 07:00 pm for all weekday varsity girls' Basketball competition.

The recommended starting time is 05:30 pm for all weekday freshman girls' Basketball competition contested at the same site.

The recommended starting time is 01:00 pm for all Saturday sophomore girls' Basketball competition.

The recommended starting time is 02:30 pm for all Saturday varsity girls' Basketball competition.

The recommended starting time is 01:00 pm for all Saturday freshman girls' Basketball competition contested at the same site.

Pre-game warm-up time for women's Basketball for freshman A, sophomore, and varsity have been set at twenty (20) minutes

### **Section 9 - Officials**

Three Illinois High School Association officials are to be contracted for a varsity girls Basketball contest.

Two Illinois High School Association officials are to be contracted for the freshman and sophomore girls Basketball contests.

### **Section 10 - School Information**

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Girls Basketball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Girls Basketball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

## **CONFERENCE GIRLS BASKETBALL HONORS**

### **Section 11 - Championships**

Championships in freshman, sophomore, and varsity girls Basketball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

### **Section 12 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the Conference standings.

### **Section 13 - All-Conference**

An all-conference squad will be selected in girls Basketball by vote of the head coaches of each member school. The number in girls Basketball will be fourteen (14).

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in girls Basketball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for girls Basketball shall be determined by the Athletic Directors and has been set at fourteen (14).

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The girls Basketball meeting is scheduled for Sunday, February 12, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at Benet Academy and begin at 01:00 pm.

The Conference Secretary is responsible to publish the girls Basketball All Conference team.

There will be a copy of the girls Basketball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

#### **Section 14 – Special Post Season Conference Awards**

Excellence in girls Basketball will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Basketball coaches of the Conference.

The Most Valuable Player of the conference in girls Basketball will be the individual that receives the highest number of votes in the balloting for All Conference.

The Coach of the Year of the Conference in girls Basketball will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Basketball.

### **CONFERENCE GIRLS BASKETBALL SPECIFIC RULES**

#### **Section 15 - Length of Contests**

Length of quarters in freshman "A" and "B," and sophomore contests shall be seven minutes, and in junior varsity and varsity contests shall be eight minutes.

#### **Section 16 - Uniforms**

The home team shall wear light colored jerseys, and the visiting team shall wear dark colored jerseys.

#### **Section 17 - Game Ball**

The official Conference basketball will follow the State or Illinois High School Association regulations.

The host school at all levels of girls Basketball will be responsible for supplying girls basketballs to visiting schools for all warm up periods.

The host team at all levels shall provide the visiting team with a chalkboard or grease board with appropriate writing implements.

The host school at all levels of boys Basketball should supply the visiting team with water and a method to dispense the water.

#### **Section 18 - Extraordinary Assistants**

The timing, scoring, and announcing positions at sophomore and varsity girls Basketball contests will be handled by adults.

An adult is defined as a member of the school's staff, when possible, or as parents, responsible alumni, or capable associates, when the need arises.

## **Article 4 - Boys Cross Country**

### **CONFERENCE BOYS CROSS COUNTRY COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – Tournament Post Season Meeting**

The boys Cross Country tournament and post season meeting is scheduled for Saturday, October 15, 2011.

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and meet results will be kept in boys Cross Country for the freshman-sophomore and varsity levels of competition.

Team standings and meet results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each meet result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

#### **Section 6 – Conference Meet Results**

Official Conference Meet results will be kept in boys Cross Country for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boys Cross Country will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for boys Cross Country.

The host school administrator should contact the website host for the presentation format for boys Cross Country.

## **CONFERENCE BOYS CROSS COUNTRY ADMINISTRATION**

### **Section 7 – Scheduling**

Scheduling of boys Cross Country will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The men will compete on both the freshman-sophomore and varsity levels.

Teams will compete in an invitational style meet (Tuesday, Sept. 13, 2011 at Marist-Midlothian Meadows; rain date: Sept. 27) and the East Suburban Catholic Conference Championship Meet. All schools are required to field a full team at both levels for each meet.

The distance for boys shall not be less than three miles for both levels.

### **Section 8 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in boys Cross Country shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in boys Cross Country may include students in the freshman, sophomore, junior, or senior years of school.

A player (contestant) in boys Cross Country may not compete against a single school on more than one level of competition per conference scheduling period.

Seven runners from each school may be entered in both the varsity and sophomore Conference Meet. Open races for the boys and girls will be run with an unlimited number of entries.

### **Section 9 – Starting Times**

The recommended starting time for the invitational style meet is 04:45 pm, with up to a fifteen (15) minute delay for teams arriving late.

## **CONFERENCE BOYS CROSS COUNTRY HONORS**

### **Section 10 - Championships**

Championships in boys Cross Country shall be determined by a combination of points resulting from the final standings of the invitational style meet and from the final standings of the Conference Meet.

The scoring for boys Cross Country will be as follows:

	<b>Invitational Meet</b>	<b>Conference Meet</b>
First Place	09 Points	18 Points
Second Place	08 Points	16 Points
Third Place	07 Points	14 Points
Fourth Place	06 Points	12 Points
Fifth Place	05 Points	10 Points
Sixth Place	04 Points	08 Points
Seventh Place	03 Points	06 Points
Eighth Place	02 Points	04 Points
Ninth Place	01 Point	02 Points

During the 2011 season the men will compete during weeks twelve and fourteen of the Illinois High School Association calendar.

During the invitational style meet, there will be unlimited entries in both the freshman-sophomore and varsity divisions, with only the top seven finishers from each team to count in team scoring.

### **Section 11 – Team Awards**

A plaque will be awarded each year to the team champions at the freshman-sophomore and varsity levels according to the results of the invitational style meet standings and the results of the Conference Meet.

### **Section 12 – Individual Awards**

Individual medals shall be awarded to the first seventeen (17) freshman-sophomore and varsity boys' finishers according to their Conference Meet finish.

Ribbons shall be awarded to the first seventeen (17) open division finishers in the boys Conference Meet.

### **Section 13 – Special Post Season Conference Awards**

Excellence in boys Cross Country will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Cross Country coaches of the Conference.

The Runner of the Year in the conference in boys Cross Country will be the first place medalist in the boys varsity Conference meet.

The Coach of the Year in the Conference in boys Cross Country will be the coach of the boy's varsity conference championship team

A specially designed Conference Certificate of Honor will be presented to the Runner of the Year and Coach of the Year in boys Cross Country.

## CONFERENCE BOYS CROSS COUNTRY SPECIFIC RULES

### **Section 14 - Conference Meet**

A Conference Cross Country meet shall be held on the Saturday before the Illinois High School Association Regional Meet.

The course used for the East Suburban Catholic Conference Boys Cross Country meet must meet the Illinois High School Association guidelines for Regional competition.

The place and time of the Conference Meet will be determined by agreement of the Conference Athletic Directors each year, and the host school of the meet will conduct the meet in conjunction with girls Cross Country Conference meet. The order of races will be as follows:

- a. freshman-sophomore girls race;
- b. freshman-sophomore boys race;
- c. varsity girls race;
- d. varsity boys race;
- e. open girls race;
- f. open boys race

The meet shall have an official Illinois High School Association approved starter with a maximum stipend set at \$100.00.

The meet will be officially scored, using a program designed for running a Cross Country invitational, with a maximum fee for the scorer set at \$200.00.

The conference meet will be administered by a rules committee consisting of two coaches and the starter.

It is recommended that one of the coaches be from the host school, and the other from the following year's host school.

## **Article 5 - Girls Cross Country**

### **CONFERENCE GIRLS CROSS COUNTRY COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – Tournament Post Season Meeting**

The girls Cross Country tournament and post season meeting is scheduled for Saturday, October 15, 2011.

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and meet results will be kept in girls Cross Country for the freshman-sophomore and varsity levels of competition.

Team standings and meet results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each meet result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

#### **Section 6 – Conference Meet Results**

Official Conference Meet results will be kept in girls Cross Country for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in girls Cross Country will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for girls Cross Country.

The host school administrator should contact the website host for the presentation format for girls Cross Country.

## **CONFERENCE GIRLS CROSS COUNTRY ADMINISTRATION**

### **Section 7– Scheduling**

Scheduling of girls Cross Country will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The women will compete on both the freshman-sophomore and varsity levels.

Teams will compete in an invitational style meet (Tuesday, Sept. 20, 2011 at Marist-Midlothian Meadows; Rain date: Tuesday, Oct. 4) and the East Suburban Catholic Conference Championship Meet. All schools are required to field a full team at both levels for each meet.

The distance for girls shall not be less than three miles for both levels.

### **Section 8 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in girls Cross Country shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in girls Cross Country may include students in the freshman, sophomore, junior, or senior years of school unless.

A player (contestant) in girls Cross Country may not compete against a single school on more than one level of competition per conference scheduling period.

Seven runners from each school shall be entered in both the varsity and sophomore Conference Meet. Open races for the boys and girls will be run with an unlimited number of entries.

### **Section 9 – Starting Times**

The recommended starting time for the invitational style meet is 04:45 pm, with up to a fifteen (15) minute delay for teams arriving late.

## **CONFERENCE GIRLS CROSS COUNTRY HONORS**

### **Section 10 - Championships**

Championships in girls Cross Country shall be determined by a combination of points resulting from the final standings of the invitational style meet and from the final standings of the Conference Meet.

The scoring for girls Cross Country will be as follows:

	<b>Invitational Meet</b>	<b>Conference Meet</b>
First Place	09 Points	18 Points
Second Place	08 Points	16 Points
Third Place	07 Points	14 Points
Fourth Place	06 Points	12 Points
Fifth Place	05 Points	10 Points
Sixth Place	04 Points	08 Points
Seventh Place	03 Points	06 Points
Eighth Place	02 Points	04 Points
Ninth Place	01 Point	02 Points

During the 2011 season the women will compete during weeks eleven and thirteen of the Illinois High School Association calendar.

During the invitational style meet, there will be unlimited entries in both the freshman-sophomore and varsity divisions, with only the top seven finishers from each team to count in team scoring.

### **Section 11 – Team Awards**

A plaque will be awarded each year to the team champions at the freshman-sophomore and varsity levels according to the results of the invitational-style meet standings and the results of the conference meet.

### **Section 12 – Individual Awards**

Individual medals shall be awarded to the first seventeen (17) freshman-sophomore and varsity girls' finishers according to their Conference Meet finish.

Ribbons shall be awarded to the first seventeen (17) open division finishers in the girls Conference Meet.

### **Section 13 – Special Post Season Conference Awards**

Excellence in girls Cross Country will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Cross Country coaches of the Conference.

The Runner of the Year in the conference in girls Cross Country will be the first place medalist in the girls varsity Conference meet.

The Coach of the Year in the Conference in girls Cross Country will be the coach of the girl's varsity conference championship team

A specially designed Conference Certificate of Honor will be presented to the Runner of the Year and Coach of the Year in girls Cross Country.

## CONFERENCE GIRLS CROSS COUNTRY SPECIFIC RULES

### **Section 14 - Conference Meet**

A Conference Cross Country meet shall be held on the Saturday before the Illinois High School Association Regional Meet.

The course used for the East Suburban Catholic Conference Girls Cross Country meet must meet the Illinois High School Association guidelines for Regional competition.

The place and time of the Conference Meet will be determined by agreement of the Conference Athletic Directors each year, and the host school of the meet will conduct the meet in conjunction with the boys Cross Country Conference meet.

The order of races will be as follows:

- a. freshman-sophomore girls race;
- b. freshman-sophomore boys race;
- c. varsity girls race;
- d. varsity boys race;
- e. open girls race;
- f. open boys race

The meet shall have an official Illinois High School Association approved starter with a maximum stipend set at \$100.00.

The meet will be officially scored, using a program designed for running a Cross Country invitational, with a maximum fee for the scorer set at \$200.00.

The conference meet will be administered by a rules committee consisting of two coaches and the starter.

It is recommended that one of the coaches be from the host school, and the other from the following year's host school.

## **Article 6 – Boys Football**

### **CONFERENCE BOYS FOOTBALL COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

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- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – All Conference Selection Meeting**

The boys Football All Conference and post season meeting will be held on Sunday, October 23, 2011.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings, game results, and varsity individual scoring statistics will be kept in boys Football for the freshman, sophomore, and varsity levels of competition.

Team standings, game results, and varsity individual scoring statistics will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

### **CONFERENCE BOYS FOOTBALL ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of boys Football will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year. The

Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman, sophomore and varsity schedule will be a partial six- or seven-game round robin with the first two playing dates designated as non-conference dates.

Freshman contests will be played on Saturdays at the opposite site. The freshman schedule shall follow the sophomore and varsity schedule.

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Football shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Sophomore level competition in boys Football shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in boys Football may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

For the sophomore and varsity levels only, no player may appear in more than six (06) quarters per scheduling period. The following criteria to be followed:

- one play equals one quarter;
- this move can only be made from the sophomore to the varsity level;
- player (s) must be identified prior to the contest.

Except for the above situation, no contestant shall compete on more than one level per conference scheduling period.

Freshmen are eligible to compete at the varsity level.

### **Section 8 - Starting Times**

Sophomore contests shall start at 05:00 pm for night contests and 11:00 am for day contests unless mutually agreed otherwise.

Varsity contests must begin at 07:30 pm for night contests and 01:30 pm for day contests, or twenty minutes after the completion of the sophomore game, whichever of these times is later.

The varsity warm up time between the sophomore and varsity contests shall be limited to twenty minutes.

Ceremonies between halves shall be limited to fifteen minutes, except homecoming ceremonies, which shall be limited to twenty minutes.

### **Section 9 - Officials**

Five Illinois High School Association officials are to be contracted for a varsity boys Football contest.

Five Illinois High School Association officials are to be contracted for a sophomore boys Football contest.

Four Illinois High School Association officials are to be contracted for a freshman boys Football contest.

### **Section 10 - School Information**

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Football Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Boys Football Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

## **CONFERENCE BOYS FOOTBALL HONORS**

### **Section 11 – Championships**

Championships in freshman, sophomore, and varsity boys Football will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule as approved by the Athletic Directors will not be considered for the championship.

The Conference representative to the State Playoffs will be the team with the victory over the other team if they played each other during the Conference season.

In the event of a tie in the Conference standings and the teams did not play, or a tie between three or more teams, there will be co-champions, but the conference representative to the State Playoffs will be decided using the at-large selection formula that is outlined in the Illinois High School Association Football rules and regulations.

### **Section 12- Team Awards**

Plaques will be awarded to the team champions or co-champions in freshman, sophomore, and varsity competition according to the Conference standings.

### **Section 13 - All-Conference**

An all-conference squad will be selected in Football by vote of the head coaches of each member school. The number in Football will be fifty-four (54).

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in Football.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for Football shall be determined by the Athletic Directors and has been set at fifty-four (54).

Selection of All-Conference players will be done at the special meeting to take place on the Sunday following the last scheduled game.

The Football meeting will be held on Sunday, October 23, 2011.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

The Conference Secretary is responsible to publish the boys Football All Conference team.

There will be a copy of the boys Football All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

#### **Section 14 – Special Post Season Conference Awards**

Excellence in boys Football will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Football coaches of the Conference.

The Most Valuable Player of the conference in boys Football will be the individual that will be the individual that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in boys Football will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Football.

### **CONFERENCE BOYS FOOTBALL SPECIFIC RULES**

#### **Section 15 - Length of Contests**

Freshman Football contests are to be played with ten-minute quarters.

Sophomore and Junior Varsity Football contests are to be played with ten-minute quarters.

Varsity Football contests are to be played with twelve-minute quarters.

#### **Section 16 - Uniform**

The home team shall wear dark or colored jerseys, while the visiting team shall wear white or light colored jerseys unless otherwise agreed upon.

#### **Section 17 - Game Ball**

There is no official conference football. It should be noted that the Illinois High School Association mandates the use of a Wilson football in all playoff Contests.

#### **Section 18 - Extraordinary Assistants**

Schools shall attempt to have a qualified doctor or medical personnel in attendance at sophomore and varsity boys Football contests.

The timing, scoring, and announcing positions at sophomore and varsity boys Football contests will be handled by adults.

An adult is defined as a member of the school's staff, when possible, or as parents, responsible alumni, or capable associates, when the need arises.

Exceptions to this would be if the home team rents the playing facility and has no control over the persons running the above positions.

The downs marker and chain crew should be trained adult personnel provided for the sophomore and varsity games by the home school.

The chain crew should operate the entire game from the side of the field opposite the press box.

#### **Section 19 - Incomplete Contests**

Varsity, sophomore, and freshman tie contests will be broken according to the accepted tiebreak plan as designated by the Illinois High School Association.

#### **Section 20 - Tie Break Method**

The method used to break ties and determine the Conference Champion will be as follows:

- Head to head competition result;
- Adding the total number of wins by all of the schools' opponents; the school with the most opponent wins will receive the berth;
- If there is still a tie, only the wins of each opponent beaten by the one or more than one tied team will be added, and the school with the most wins by a beaten opponent will receive the championship;
- Only the wins of each opponent to beat a tied team will be added, and the berth will go to the school having lost to the opponent (s) with the most wins;
- Should none of the previous steps determine the team to fill any remaining position (championship or at-large, the final step would be a flip of the coin arranged by the secretary of the Conference.  
(Determined: May 24, 1990)

(Approved: Board of Control - November, 1990).

#### **Section 21 – Video Exchange**

~~Each school will put its game film into the game vault at Game Film Solutions after every game. The film must be put into the vault on Friday night as soon as possible after the game, or if a team plays on Saturday afternoon, as soon as possible after the game. Each school must also email their game to next week's opponent so that they do not have to take the time to upload it from the system. Each school is allowed to pick and choose any or as many games as they want from the vault. If problems arise with the system and a school can not upload or download the film for any reason then that school must make arrangements with the school that they are playing that week to exchange film in person.~~

~~Video crews should try to show score board after every play or verbally give down, distance and yard line after every play.~~

## **Article 07 – Boys Golf**

### **CONFERENCE BOYS GOLF COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – Tournament Post Season Meeting**

The boys Golf tournament and post season meeting is scheduled for Thursday, September 29, 2011.

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and meet results will be kept in boys Golf for the freshman-sophomore and varsity levels of competition.

Team standings and meet results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each meet result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

#### **Section 6 – Conference Meet Results**

Official Conference Meet results will be kept in boys Golf for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boys Golf will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for boys Golf.

The host school administrator should contact the website host for the presentation format for boys Golf.

## **CONFERENCE BOYS GOLF ADMINISTRATION**

### **Section 7 – Scheduling**

Scheduling of boys Golf will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman-sophomore and varsity teams will play a round robin.

Conference meets will be scheduled on Mondays, Wednesdays, and Thursdays, unless mutually agreed upon by the competing schools.

### **Section 8 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in boys Golf shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in boys Golf may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Golf may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 9 – Starting Times**

The recommended starting time is 03:30 pm for all Conference Golf dual meet competition.

## **CONFERENCE BOYS GOLF HONORS**

### **Section 10 - Championships**

The championship shall be determined by a combination of points resulting from the final standings of scheduled dual meets and from the final standings of the Conference meet.

In the standings for the dual meet competition the following point system will be used:

First Place	09 Points
Second Place	08 Points
Third Place	07 Points
Fourth Place	06 Points
Fifth Place	05 Points

Sixth Place	04 Points
Seventh Place	03 Points
Eighth Place	02 Points
Ninth Place	01 Point

In the event of ties, the available points are shared.

In the standings for the conference tournament competition the following point system will be used:

First Place	11 Points
Second Place	09 Points
Third Place	08 Points
Fourth Place	07 Points
Fifth Place	06 Points
Sixth Place	05 Points
Seventh Place	04 Points
Eighth Place	03 Points
Ninth Place	02 Points

In the event of ties, the available points are shared.

Precedent has been established to use the conference tournament participation as a make up for any dual meet competition that might not have been completed during the regular season. The first nine holes of the conference tournament will be used for dual meet competition.

### **Section 11 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the results of the Conference dual meet standings and the results of the Conference meet.

### **Section 12 – Individual Awards**

Individual medals shall be awarded to the first fifteen (15) varsity boy's medalists and to the first fifteen (15) freshman-sophomore boy's medalists according to their Conference Meet finish.

### **Section 13 – Special Post Season Conference Awards**

Excellence in boys Golf will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Golf coaches of the Conference.

The Player of the Year in the conference in boys Golf will be the first place medalist in the boys varsity Conference meet.

The Coach of the Year of the Conference in boys Golf will be the coach(es) of the conference championship team.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Golf.

## **CONFERENCE BOYS GOLF SPECIFIC RULES**

### **Section 14 - Conference Meet**

The Conference Golf meet shall be held on the Thursday before the Illinois High School Association Regional Meet.

The place and time of the meet for the Conference championship will be determined by agreement of the Athletic Directors each year, and the designated tournament host school of the Conference by rotation will conduct the meet.

A rules committee composed of the local golf pro from the host course and two coaches will administer the meet.

It is recommended that one of the two coaches be from the host school of the meet, and the other coach be from next year's host school.

In the case of individual ties at the Conference Championship Meet, scores will be taken from the most difficult hole on the course.

In the event that a tie still exists, scores will continue to be compared from the remaining most difficult holes until the tie is broken. There will not be a playoff.

The number of contestants from each school entered in both the varsity and the freshman-sophomore Conference meets shall be determined by the Illinois High School Association rule during that year.

#### **Section 15 - Meet Protocol**

During any officially designated East Suburban Catholic Conference Golf dual meet or tournament, member school coaches:

- a. will not play golf during the match;
- b. will marshal the field of play;
- c. will enforce the accepted rules;
- d. will not coach the athletes during play;
- e. may only speak to players between the green and the tee.

## **Article 8 - Girls Golf**

### **CONFERENCE GIRLS GOLF COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

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- Conference contact information by individual school;
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- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – Tournament Post Season Meeting**

The girls Golf tournament and post season meeting is scheduled for Thursday, September 29, 2011.

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and meet results will be kept in girls Golf for the varsity level of competition.

Team standings and meet results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the varsity level to FAX each meet result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the varsity level to identify that information to the Conference Statistician.

#### **Section 6 – Conference Meet Results**

Official Conference Meet results will be kept in girls Golf for the varsity level of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in girls Golf will be responsible to publish the results for the varsity level of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the varsity level of competition for girls Golf.

The host school administrator should contact the website host for the presentation format for girls Golf.

Second Place	10 Points
Third Place	09 Points
Fourth Place	08 Points
Fifth Place	07 Points
Sixth Place	06 Points
Seventh Place	05 Points
Eighth Place	04 Points
Ninth Place	03 Points
Tenth Place	02 Points

**CONFERENCE GIRLS GOLF ADMINISTRATION**

**Section 7 – Scheduling**

Scheduling of girls Golf will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The varsity team will play a round robin.

**Section 8 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Varsity level competition in girls Golf may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Golf may not compete against a single school on more than one level of competition per conference scheduling period.

**Section 9 – Starting Times**

The recommended starting time is 03:30 pm for all Conference girls Golf dual meet competition.

**CONFERENCE GIRLS GOLF HONORS**

**Section 10 - Championships**

The championship shall be determined by a combination of points resulting from the final standings of scheduled dual meets and from the final standings of the Conference meet.

In the standings for the dual meet competition the following point system will be used:

First Place	10 Points
Second Place	09 Points
Third Place	08 Points
Fourth Place	07 Points
Fifth Place	06 Points
Sixth Place	05 Points
Seventh Place	04 Points
Eighth Place	03 Points
Ninth Place	02 Points
Tenth Place	01 Point

In the event of ties, the available points are shared.

In the standings for the conference tournament competition the following point system will be used:

First Place	12 Points
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In the event of ties, the available points are shared.

Precedent has been established to use the conference tournament participation as a make up for any dual meet competition that might not have been completed during the regular season. The first nine holes of the conference tournament will be used for dual meet competition.

**Section 11 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the varsity level according to the results of the Conference dual meet standings and the results of the Conference meet.

**Section 12 – Individual Awards**

Individual medals shall be awarded to the first sixteen (16) varsity girls medalists according to their Conference Meet finish.

**Section 13 – Special Post Season Conference Awards**

Excellence in girls Golf will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Golf coaches of the Conference.

The Player of the Year in the conference in girls Golf will be the first place medalist(s) in the girls varsity Conference meet.

The Coach of the Year of the Conference in girls Golf will be the coach(es) of the conference championship team.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Golf.

**CONFERENCE GIRLS GOLF SPECIFIC RULES**

**Section 14 - Conference Meet**

The Conference Golf meet shall be held on the Thursday before the Illinois High School Association Regional Meet.

The place and time of the meet for the Conference championship will be determined by agreement of the Athletic Directors each year, and the designated tournament host school of the Conference by rotation will conduct the meet.

A rules committee composed of the local golf pro from the host course and two coaches will administer the meet.

It is recommended that one of the two coaches be from the host school of the meet, and the other coach be from next year's host school.

In the case of individual ties at the Conference Championship Meet, the recommended USGA tie-breaker will be used. There will not be a playoff.

1. Compare scores from holes 10-18.
2. Compare scores from holes 13-18.
3. Compare scores from holes 16-18.
4. Compare scores from Hole 18, then 17...

The number of contestants from each school entered in the varsity Conference Meet shall be determined by the Illinois High School Association rule during that year.

Six players shall be designated for competition from each school and the four low scores will be used to score the meet. Ties will be broken using the fifth players score.

#### **Section 15 - Meet Protocol**

During any officially designated East Suburban Catholic Conference Golf dual meet or tournament, member school coaches:

- a. will not play golf during the match;
- b. will marshal the field of play;
- c. will enforce the accepted rules;
- d. will not coach the athletes during play;
- e. may only speak to players between the green and the tee.

## **Article 9 – Boys Soccer**

### **CONFERENCE BOYS SOCCER COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

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The following information is accessible through the website:

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Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

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The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – All Conference Selection Meeting**

The boys Soccer All Conference and post season meeting will be held on Sunday, October 23, 2011.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and game results will be kept in boys Soccer for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

### **CONFERENCE BOYS SOCCER ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of boys Soccer will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman, sophomore, and varsity teams will play a round robin. The schedule for contests shall be determined by the Conference.

The sequence of home and away contests will alternate on a yearly basis.

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Soccer shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Sophomore level competition in boys Soccer shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in boys Soccer may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Soccer may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 8 - Starting Times**

The recommended starting time is 04:30 pm for all boys Soccer competition on weekdays.

The recommended starting time is 12:00 pm for all boys Soccer competition on Saturday.

### **Section 9 - Officials**

Three Illinois High School Association officials are to be contracted for a varsity boys Soccer contest.

If only two officials are available, the contest is to be played.

Two Illinois High School Association officials are to be contracted for a sophomore boys Soccer contest.  
If only one official is available, the contest is to be played.

Two Illinois High School Association officials are to be contracted for a freshman boys Soccer contest.

If only one official is available, the contest is to be played.

### **Section 10 - School Information**

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Soccer Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,

- Name of team physician.

Boys Soccer Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

## **CONFERENCE BOYS SOCCER HONORS**

### **Section 11 - Championships**

Championships in freshman, sophomore, and varsity boys Soccer will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

### **Section 12 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the Conference standings.

### **Section 13 - All-Conference**

An all-conference squad will be selected in boys Soccer by vote of the head coaches of each member school. The number in boys Soccer will be twenty-seven (27).

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in boys Soccer.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for boys Soccer shall be determined by the Athletic Directors and has been set at twenty-seven (27).

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The boys Soccer meeting is scheduled for Sunday, October 23, 2011.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and will begin at 10:00 am.

The Conference Secretary is responsible to publish the boys Soccer All Conference team.

There will be a copy of the boys Soccer All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

#### **Section 14 – Special Post Season Conference Awards**

Excellence in boys Soccer will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Soccer coaches of the Conference.

The Most Valuable Player of the conference in boys Soccer will be the individual that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in boys Soccer will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Soccer.

#### **CONFERENCE BOYS SOCCER SPECIFIC RULES**

##### **Section 15 - Length of Contests**

Length of contests shall be two forty minute halves for the varsity and two thirty five minute halves for the sophomore and freshman.

In the event the score is tied at the end of regulation time, there will be two five-minute, sudden-victory overtime periods contested.

The first team to score a goal during either overtime period will be declared the winner.

Matches may end in a tie (there will be no penalty kick resolution of the contest).

No tiebreakers of any kind are allowed at the sophomore or freshman levels.

##### **Section 16 - Uniforms**

The home team shall wear white jerseys, and the visiting team shall wear dark jerseys.

##### **Section 17 - Game Ball**

The official Conference Soccer ball will follow the State or Illinois High School Association regulations.

##### **Section 18 - Incomplete Contests**

In the event a contest must be suspended because of conditions that make it impossible to play, the referee shall declare it an official and complete contest if one complete half or more of the contest has been played.

If less than .5 of the contest has been played, the contest must be rescheduled.

Wins are considered two points and ties, one point, for Conference standings.

## **Article 10 - Girls Soccer**

### **CONFERENCE GIRLS SOCCER COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

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Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – All Conference Selection Meeting**

The girls Soccer All Conference and post season meeting will be held on Sunday, May 20, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and game results will be kept in girls Soccer for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

### **CONFERENCE GIRLS SOCCER ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of girls Soccer will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The sophomore and varsity teams will play a single round robin. The schedule for contests shall be determined by the Conference.

The sequence of home and away contests will alternate on a yearly basis.

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in girls Soccer shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Sophomore level competition in girls Soccer shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in girls Soccer may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Soccer may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 8 - Starting Times**

The recommended starting time is 04:30 pm for all girls Soccer competition on weekdays.

The recommended starting time is 12:00 pm for all girls Soccer competition on Saturday.

### **Section 9 - Officials**

Three Illinois High School Association officials are to be contracted for a varsity girls Soccer contest.

If only two officials are available, the contest is to be played.

Two Illinois High School Association officials are to be contracted for a sophomore girls Soccer contest.  
If only one official is available, the contest is to be played.

Two Illinois High School Association officials are to be contracted for a freshman girls Soccer contest.

If only one official is available, the contest is to be played.

### **Section 10 - School Information**

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Girls Soccer Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,

- Name of team physician.

Girls Soccer Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

## **CONFERENCE GIRLS SOCCER HONORS**

### **Section 11 - Championships**

Championships in freshman-sophomore and varsity girls Soccer will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

### **Section 12 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the Conference standings.

### **Section 13 - All-Conference**

An all-conference squad will be selected in girls Soccer by vote of the head coaches of each member school. The number in girls Soccer will be thirty (30).

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in girls Soccer.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for girls Soccer shall be determined by the Athletic Directors and has been set at thirty (30).

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The girls Soccer meeting is scheduled for Sunday, May 20, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and will begin at 10:00 am.

The Conference Secretary is responsible to publish the girls Soccer All Conference team.

There will be a copy of the boys girls All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

#### **Section 14 – Special Post Season Conference Awards**

Excellence in girls Soccer will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Soccer coaches of the Conference.

The Most Valuable Player of the conference in girls Soccer will be the individual that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in girls Soccer will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Soccer.

#### **CONFERENCE GIRLS SOCCER SPECIFIC RULES**

##### **Section 15 - Length of Contests**

Length of contests shall be two forty minute halves for the varsity and two thirty five minute halves for the sophomore and freshman.

Length of contests shall be two forty minute halves for the varsity and two thirty five minute halves for the sophomore and freshman.

In the event the score is tied at the end of regulation time, there will be two five-minute, sudden-victory overtime periods contested.

The first team to score a goal during either overtime period will be declared the winner.

Matches may end in a tie (there will be no penalty kick resolution of the contest).

No tiebreakers of any kind are allowed at the sophomore or freshman levels.

##### **Section 16 - Uniforms**

The home team shall wear white jerseys, and the visiting team shall wear dark jerseys.

##### **Section 17 - Game Ball**

The official Conference Soccer ball will follow the State or Illinois High School Association regulations.

##### **Section 18 - Incomplete Contests**

In the event a game must be suspended because of conditions, which make it impossible to play, the referee shall declare it an official and complete contest if one complete half or more of the contest has been played.

If less than .5 of the contest has been played, the contest must be rescheduled.

Wins are considered two points and ties, one point, for Conference standings.

## **Article 11 – Girls Softball**

### **CONFERENCE GIRLS SOFTBALL COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
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- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
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- Link to the Illinois High School Association;
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- Link to the NCAA Clearinghouse;
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- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

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Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

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Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – All Conference Selection Meeting**

The girls Softball All Conference and post season meeting will be held on Sunday, May 20, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and game results will be kept in girls Softball for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

### **CONFERENCE GIRLS SOFTBALL ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of girls Softball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The schedule will be a double round robin, set by counting backward from the Monday of the Regional Tournament.

Scheduled contests may be changed by agreement of the Athletic Directors in the event of conflicts with national tests, proms, etc

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in girls Softball shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Sophomore level competition in girls Softball shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in girls Softball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Softball may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 8 - Starting Times**

The recommended starting time is 04:30 pm for all Softball competition on weekdays.

The recommended starting time is 11:00 am for all Softball competition on Saturday.

A ten to fifteen minute warm up is required for the visiting team.

### **Section 9 - Officials**

Two Illinois High School Association umpires are to be contracted for a varsity girls Softball contest.

If only one umpire is available, the contest is to be played.

Two Illinois High School Association umpires are to be contracted for the freshman and sophomore girls Softball contests.

If only one umpire is available, the contest is to be played.

### **Section 10 - School Information**

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Girls Softball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,

- Name of team physician.

Girls Softball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

## **CONFERENCE GIRLS SOFTBALL HONORS**

### **Section 11 - Championships**

Championships in freshman-sophomore and varsity girls Softball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

### **Section 12 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the Conference standings.

### **Section 13 - All-Conference**

An all-conference squad will be selected in Softball by vote of the head coaches of each member school. The number in Softball will be twenty-seven (27).

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in Softball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for Softball shall be determined by the Athletic Directors and has been set at twenty-seven (27).

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The Softball meeting is scheduled for Sunday, May 20, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and will begin at 10:00 am.

The Conference Secretary is responsible to publish the girls Softball All Conference team.

There will be a copy of the girls Softball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

### **Section 14 – Special Post Season Conference Awards**

Excellence in girls Softball will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Softball coaches of the Conference.

The Player of the Year of the Conference in girls Softball will be the individual that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in girls Softball will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Softball.

## **CONFERENCE GIRLS SOFTBALL SPECIFIC RULES**

### **Section 15 - Incomplete Contests**

All varsity tie contests will be replayed as newly scheduled contests.

All varsity partially played contests, except contests in the 4.5 or 5 inning rules, will be replayed as newly scheduled contests.

Freshman-sophomore regulation tie contests will be determined on a .5 won and .5 loss basis in the standings and will not be replayed.

All freshman-sophomore non-regulation tied or partially played contests will be replayed in their entirety.

All freshman-sophomore regulation incomplete contests will not be replayed. The winner in this last case will be the team leading at the end of the last complete inning when the contest was called.

### **Section 16 - Postponed Contests**

The decision about playing when weather and ground conditions are doubtful rests on the judgment of the host school until the umpire takes charge of the contest. Postponed contests are to be played the next day, if possible.

If contests are continually postponed, the Athletic Directors should reschedule them in the order of postponement as set. State Tournament contests take preference over scheduled Conference contests.

Conference teams are required to complete their conference schedule, but if continued postponements are late in season, these teams need not play when mutually agreed upon unless any game has a bearing on the Conference Championship.

If a contest is moved to the alternate site, the umpires scheduled for the lower level contest will be used on the varsity level, only if the scheduled umpires for the varsity contest cannot be moved to the new location, and if the lower level umpires are determined competent to handle varsity level competition. This decision will rest with the assignment chairman for that school and the Athletic Director.

This also applies to double headers. In the event that both sites are not playable for a double header, then the contests are to be made up in a double header format at the site of the original host school or to be made up on individual days with both individual contests to be played at the site of the original host school.

In the event a contest is moved to the visitor's site from the original site due to field availability or playing conditions, the schedule remains intact for remaining contests.

### **Section 17 - Game Ball**

Any official top grade softball is to be used with a minimum of three softballs per game.

## **Article 12 - Boys Tennis**

### **CONFERENCE BOYS TENNIS COMMUNICATION**

#### **Section 1 – Website**

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The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – Tournament Post Season Meeting**

The boys Tennis tournament and post season meeting is scheduled for the following dates

- Wednesday, May 9, 2012 (Seed);
- Friday, May 11, 2012 (Freshman-Sophomore and Varsity);
- Saturday, May 12, 2012 (Freshman-Sophomore and Varsity).

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and match results will be kept in boys Tennis for the freshman-sophomore and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman-sophomore and varsity level to identify that information to the Conference Statistician.

#### **Section 6 – Conference Meet Results**

Official Conference Meet results will be kept in boys Tennis for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boys Tennis will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for boys Tennis.

The host school administrator should contact the website host for the presentation format for boys Tennis.

## **CONFERENCE BOYS TENNIS ADMINISTRATION**

### **Section 7 – Scheduling**

Scheduling of boys Tennis will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman-sophomore and varsity teams will play a round robin schedule with the Conference schedule to begin week 40.

### **Section 8 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in boys Tennis shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in boys Tennis may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Tennis may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 9 – Starting Times**

The recommended starting time is 04:30 pm for all boys' conference Tennis dual meet competition.

## **CONFERENCE BOYS TENNIS HONORS**

### **Section 10 - Championships**

The championships shall be determined by a combination of points resulting from the final standings of scheduled dual meets and from the final standing of the Conference meet.

Dual meet scoring shall allow one point for each match won. These points will be used in the determination of the league standings.

The maximum number of points for dual match competition will be five times the number of teams competed against in the Conference (40 points).

The tournament points will be scored as follows.

8 points	First Place
7 points	Second Place
6 points	Third Place
5 points	Fourth Place
3 points	Fifth Place
2 points	Sixth Place
1 point	Seventh-Eighth Place
0 points	Ninth-Tenth Place

If the back draw is cancelled, tournament points will be scored as: 4 points- first place; 3 points- second place; 2.5 points – third place; 2 points- fourth place; 1 point- fifth place.

Maximum tournament points that can be scored by a team are forty (40).

### **Section 11 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the Conference standings and the results of the Conference meet.

### **Section 12 – Individual Awards**

Twenty-two individual medals shall be awarded to meet placers at the freshman-sophomore and varsity levels as follows:

- ❖ First Singles
  - First Place
  - Second Place
  - Third Place
- ❖ Second Singles
  - First Place
  - Second Place
  - Third Place
- ❖ First Doubles
  - First Place
  - Second Place
  - Third Place
- ❖ Second Doubles
  - First Place
  - Second Place
  - Third Place
- ❖ Third Doubles
  - First Place
  - Second Place

### **Section 13 – Special Post Season Conference Awards**

Excellence in boys Tennis will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Singles Player of the Year, Doubles Player of the Year, and the Coach of the Year will be developed by the boys Tennis coaches of the Conference.

The Singles Player of the Year and Doubles Player of the Year of the Conference in boys Tennis will be the individual/doubles team that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in boys Tennis will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Tennis.

**CONFERENCE BOYS TENNIS SPECIFIC RULES**

**Section 14 - Regular Season Play**

Each Conference team will play the other nine teams once in dual meet matches.

Each team will play two singles and three doubles matches on each level in the dual meets. These will be played on the same day at the same site.

If existing conditions dictate that a school not enters a full team for competition in a Conference dual meet, the opposing coach must be called at least one day prior to the match.

Dual conference matches will be scheduled on Tuesday and Thursday.

Rained-out matches must be rescheduled by the teams involved and should be played by the Wednesday before the East Suburban Catholic Conference Tennis tournament. If the match is not completed by Wednesday, both teams will be awarded zero (0) points for the contest.

A ten-minute warm up period is usual. All practice serves should be taken during this time.

The players will dress appropriately for Tennis play (according to the terms and conditions for boy's Tennis published by the Illinois High School Association).

Team line-ups should be exchanged before the match. The guiding rule will be: "make the team as strong as you can without moving anyone downward."

The Varsity and freshman-sophomore will use regulation scoring and play the best two of three sets.

If a team arrives late and darkness becomes a factor, no – ad scoring will be used if both coaches agree.

If the score in a set reaches six all, the seven-point tiebreaker will be used.

The Illinois High School Association Point Penalty System will be in effect during all Conference matches and also during the Conference tournament. The home coach will give the warning before the match, or at the beginning of the tournament.

The Illinois High School Association policy on coaching will be in effect.

All other Illinois High School Association and United States Tennis Association rules, regulations, and guidelines will apply.

**Section 15 - East Suburban Catholic Conference Tennis Tournament**

The East Suburban Catholic Conference boys Tennis tournament will be held on the weekend before the Illinois High School Association boy's Sectional tournament

The place and time of the Conference Meet will be determined by agreement of the Athletic Directors each year.

The East Suburban Catholic Conference Tennis tournament will be set up with brackets for First and Second Singles, and First, Second, and Third Doubles. The seeding and draw for the freshman-sophomore and varsity levels will be done on the Wednesday before the Conference tournament begins.

To be seeded in the Conference tournament unless a vote by the coaches is taken:

At SINGLES (first or second)

A player must have played a minimum of four matches at that position in the dual matches all on the same level. (Freshman-sophomore or varsity).

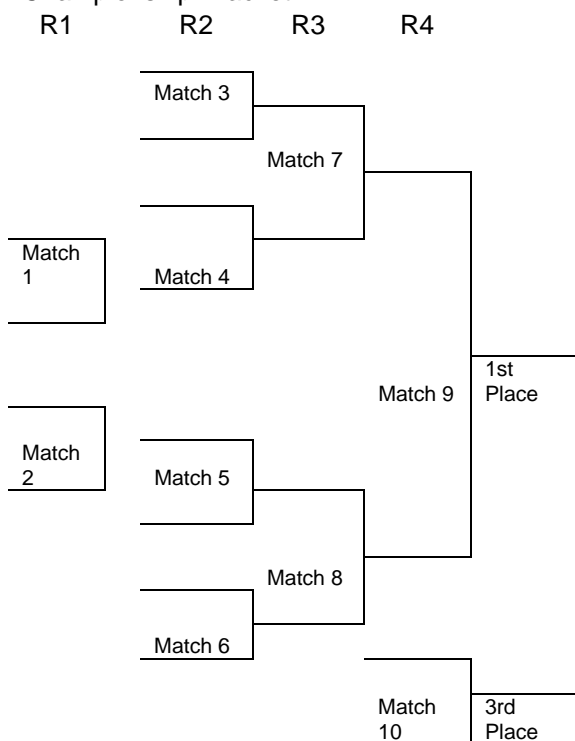
At DOUBLES (first or second)

Each team must consist of two players that have played a minimum of four matches at that position (as a team) in the dual matches, all on the same level. (Freshman-sophomore or varsity).

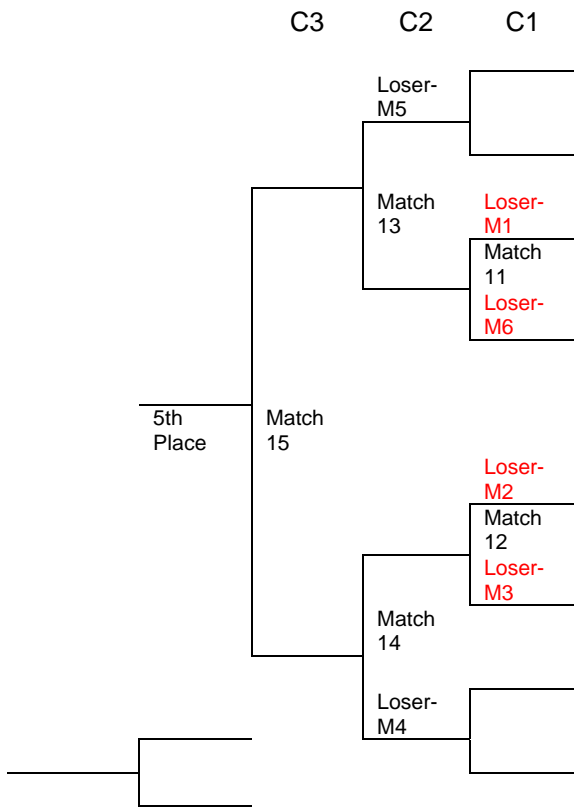
There are no restrictions for third DOUBLES.

Any freshman or sophomore who has played in four matches on the varsity level must compete on the varsity level in the Conference tournament. In case of injury or illness, the coach should replace the injured or ill player (s) as accurately and ethically as possible according to the athlete's physical abilities in order to keep the varsity team as strong as possible.

**Championship Bracket**



Consolation Bracket



The winner of the East Suburban Catholic Conference Tennis championship will be determined by the addition of the dual match points and the tournament points. The maximum will be eighty (80) points.

## **Article 13 - Girls Tennis**

### **CONFERENCE GIRLS TENNIS COMMUNICATION**

#### **Section 1 – Website**

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- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – Tournament Post Season Meeting**

The girls Tennis tournament and post season meeting is scheduled for the following dates

- Wednesday, October 5, 2011 (Seed);
- Friday, October 7, 2011 (Freshman-Sophomore and Varsity);
- Saturday, October 8, 2011 (Freshman-Sophomore and Varsity).

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and match results will be kept in girls Tennis for the freshman-sophomore and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman-sophomore and varsity level to identify that information to the Conference Statistician.

#### **Section 6 – Conference Meet Results**

Official Conference Meet results will be kept in girls Tennis for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in girls Tennis will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for girls Tennis.

The host school administrator should contact the website host for the presentation format for girls Tennis.

## **CONFERENCE GIRLS TENNIS ADMINISTRATION**

### **Section 7 – Scheduling**

Scheduling of girls Tennis will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman-sophomore and varsity teams will play a single round robin.

### **Section 8 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in girls Tennis shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in girls Tennis may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Tennis may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 9 – Starting Times**

The recommended starting time is 15 minutes after the visiting team arrives for all girls Conference Tennis dual meet competition.

## **CONFERENCE GIRLS TENNIS HONORS**

### **Section 10 - Championships**

The championships shall be determined by a combination of points resulting from the final standings of scheduled dual meets and from the final standing of the Conference meet.

Dual meet scoring shall allow one point for each match won (five (05) total points per meet). These points will be used in the determination of the league standings.

The maximum dual meet points that can be scored by a team are forty-five (45). The tournament points will be scored as follows:

Tournament points will be scored as follows:

9 Points	First Place
8 Points	Second Place
7 Points	Third Place
6 Points	Fourth Place
4 Points	Fifth Place
3 Points	Sixth Place
1 Point	Seventh-Eighth Place
0 Points	Ninth-Tenth Place

If the back draw is cancelled, all completed rounds shall count and one (1) point awarded per round.

Maximum tournament points that can be scored by a team are forty-five (45).

### **Section 11 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the Conference standings and the results of the Conference meet.

### **Section 12 – Individual Awards**

Twenty-two individual medals shall be awarded to meet placers at the freshman-sophomore and varsity levels as follows:

- ❖ First Singles
  - First Place
  - Second Place
  - Third Place
- ❖ Second Singles
  - First Place
  - Second Place
  - Third Place
- ❖ First Doubles
  - First Place
  - Second Place
  - Third Place
- ❖ Second Doubles
  - First Place
  - Second Place
  - Third Place
- ❖ Third Doubles
  - First Place
  - Second Place

### **Section 13 – Special Post Season Conference Awards**

Excellence in girls Tennis will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Singles Player of the Year, Doubles Player of the Year, and the Coach of the Year will be developed by the girls Tennis coaches of the Conference.

The Singles Player of the Year, Doubles Player of the Year of the Conference in girls Tennis will be the individual/doubles team that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in girls Tennis will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Tennis.

## **CONFERENCE GIRLS TENNIS SPECIFIC RULES**

### **Section 14 - Regular Season Play**

Each Conference team will play the other 10 teams once in dual meet matches.

Each team will play two singles and three doubles matches on each level in the dual meets. These will be played on the same day at opposite sites.

If existing conditions dictate that a school not enters a full team for competition in a Conference dual meet, the opposing coach must be called at least one day prior to the match.

Dual conference matches will be scheduled on Tuesday and Thursday.

Rained out matches must be rescheduled by the teams involved and should be played by the Wednesday before the East Suburban Catholic Conference Tennis tournament.

A ten-minute warm up period is usual. All practice serves should be taken during this time.

The players will dress appropriately for Tennis play (according to the terms and conditions for boy's Tennis published by the Illinois High School Association.

Team lineups should be exchanged before the match. The guiding rule will be: "make the team as strong as you can without moving anyone downward."

The freshman-sophomore and varsity will use regulation scoring and play the best two of three sets.

If a team arrives late and darkness becomes a factor, no – ad scoring will be used if both coaches agree.

If the score in a set reaches six all, the twelve-point tiebreaker will be used.

The Illinois High School Association Point Penalty System will be in effect during all conference matches and also during the conference tournament. The home coach will give the warning before the match, or at the beginning of the tournament.

The Illinois High School Association policy on coaching will be in effect.

All other Illinois High School Association and United States Tennis Association rules, regulations, and guidelines will apply.

### **Section 15 - East Suburban Catholic Conference Tennis Tournament**

The East Suburban Catholic Conference girls Tennis tournament will be held on the weekend before the Illinois High School Association girl's Sectional tournament

The place and time of the Conference meet will be determined by agreement of the Athletic Directors each year.

The East Suburban Catholic Conference Tennis tournament will be set up with brackets for First and Second Singles, and First, Second, and Third Doubles. The seeding and draw for the freshman-sophomore and varsity levels will be done on the Wednesday before the Conference tournament begins.

To be seeded in the Conference tournament unless a vote by the coaches is taken:

At SINGLES (first or second)

A player must have played a minimum of five matches at that position in the dual matches all on the same level. (Freshman-sophomore or varsity).

At DOUBLES (first or second)

Each team must consist of two players that have played a minimum of five matches at that position (as a team) in the dual matches, all on the same level. (Freshman-sophomore or varsity).

There are no restrictions for third DOUBLES.

Any freshman or sophomore who has played in five matches on the varsity level must compete on the varsity level in the Conference tournament. In case of injury or illness, the coach should replace the injured or ill player (s) as accurately and ethically as possible according to the athlete's physical abilities in order to keep the varsity team as strong as possible.

\*A Bye will only be awarded a first round point if the player wins her first match.

The following tournament bracket will be used:

1. #1 or #2 Seed
2. Bye
- 3.
- 4.
5. #3 or #4 Seed
6. Bye
- 7.
- 8.
9. Bye
- 10.
11. Bye
12. #3 or #4 Seed
- 13.
- 14.
15. Bye
16. #1 or #2 Seed

Players at positions 3, 4, 7, 8, 10, 13, and 14 will be selected as a blind draw after the four seeded players are selected. No more than four players or teams can be seeded at each position.

The winner of the girls East Suburban Catholic Conference Tennis championship will be determined by the addition of the dual match points and the tournament points. The maximum will be ninety (90) points.

## **Article 14 - Boys Track and Field**

### **CONFERENCE BOYS TRACK AND FIELD COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – Tournament Post Season Meeting**

The boys' Track and Field tournament and post season meeting is scheduled for the following dates

- Mon, May 7, 2012 (Seed);
- Thurs, May 10, 2012 (Freshman-Sophomore and Varsity).

Benedictine University will serve as the permanent host.

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site (Benet) and will begin prior to the start of competition.

#### **Section 5 – Conference Meet Results**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official Conference Meet results will be kept in boy's Track and Field for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boy's Track and Field will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for boy's Track and Field.

The host school administrator should contact the website host for the presentation format for boy's Track and Field.

## CONFERENCE BOYS TRACK AND FIELD ADMINISTRATION

### Section 6 – Scheduling

Scheduling of boys Track and Field will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The boy's schools will compete on both the freshman-sophomore and varsity levels in a round-robin schedule.

Three or four teams will be scheduled to compete in a meet.

### Section 7 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in boy's Track and Field shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in boys Track and Field may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boy's Track and Field may not compete against a single school on more than one level of competition per conference scheduling period.

### Section 8 – Starting Times

The recommended starting time is 04:30 pm for all boys' conference Track and Field dual meet competition.

## CONFERENCE BOYS TRACK AND FIELD HONORS

### Section 9 - Championships

The champion named in boy's varsity Track and Field will be the school that totals the most points at the Conference Track and Field meet.

The champion named in boy's sophomore Track and Field will be the school that totals the most points at the Conference Track and Field meet.

In case of any ties, co-champions are recognized.

### Section 10 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according results of the Conference meet.

### Section 11 – Individual Awards

Individual medals shall be given to the first, second, and third place winners in each freshman-sophomore and varsity event.

Ribbons shall be given to the fourth, fifth, and sixth place winners in each freshman-sophomore and varsity event.

### Section 12 – Special Post Season Conference Awards

Excellence in boy's Track and Field will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year for boy's Track and Field will follow this process. At the coach's seed meeting for the East Suburban Catholic Conference boy's Track and Field Championship meet, each coach will nominate one athlete from their team to be considered as the Athlete of the Year. Coaches will turn in their vote to the meet administrator by the end of the East Suburban Catholic Conference meet. Although the award will be titled Athlete of the Year, the coaches will actually be selecting an athlete of the meet.

The criteria for the selection of the Coach of the Year will follow this process. Each varsity boy's Track and Field head coach will also list the name of his selection for the Coach of the Year. This name will be submitted along with the ballot for the boys Player of the Year.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boy's Track and Field.

## CONFERENCE BOYS TRACK AND FIELD SPECIFIC RULES

### Section 13 - Conference Meet

The date of the annual boys conference Track and Field meet shall be held on the week before the Illinois High School Association Sectional meet at Benedictine University.

There shall be two levels conducted, one for the freshman-sophomore competition and one for the varsity squad.

The events and scoring for the boys conference Track and Field meet for both the freshman-sophomore and varsity will be the same as the Illinois High School Association Sectional Track meet of the current year.

The place of the boys conference Track and Field meet will be determined by agreement of the Athletic Directors each year, and the school hosting the meet will conduct the meet with the qualified assistance of member schools.

All field events and preliminary track events are to start at 10:00 am.

A games committee will manage the boy's conference Track and Field meet. It will consist of two conference coaches and a knowledgeable starter. It is recommended that one of the two coaches be from the host school of the meet, and the other coach be from next year's host school.

The following schedule will be the format:

- Coaches Scratch Meeting
- Captain and Coaches –
- Officials Meet with Starter
  
- Freshman-sophomore **Pole Vault**  
Followed by varsity at 11:00 am
- Freshman-sophomore **Long Jump**  
Followed by varsity at 11:00 am  
(Three Jumps-Cafeteria)
- Varsity **Triple Jump**  
Followed by freshman-sophomore  
(Three Jumps-Cafeteria)
- Freshman-sophomore **High Jump**  
Followed by varsity  
(Starting height to be determined by coaches)
- Freshman-Sophomore **Discus**

- (Three Trials-Two Flights)
- Varsity **Shot Put**  
Followed by Freshman-Sophomore  
(Three Trials -Two Flights)
- **0100-Meter Dash**  
Freshman-Sophomore Semifinal Heats  
Varsity Heats
- **0110-Meter High Hurdles**  
Freshman-Sophomore Semifinal Heats  
Varsity Heats
- **3200-Meter Run**  
Freshman-Sophomore Final Heat
- **0200-Meter dash**  
Freshman-Sophomore Semifinal Heats  
Varsity Heats

Two (02) Scorers  
Two (02) Award Assistants  
One (01) Announcer  
Twelve (12) Exchange Zone Judges  
(12) – 0400-Meter Relay  
(08) – 0800-Meter Relay  
(04) – 1600-Meter Relay

Personnel Needed – Students

Twelve (12) Hurdle Crew Assistants  
Sixteen (16) Field Event Assistants  
(03) - Shot Put  
(03) - Discus  
(02) - High Jump  
(04) – Long Jump  
(04) – Triple Jump  
Six (06) - Clerk of Course Assistants

#### National Anthem

- **3200-Meter Relay**  
Freshman-Sophomore (One Heat)  
Varsity (One Heat)
- **0400-Meter Relay**  
Freshman-Sophomore (Two Heats)  
Varsity (Two Heats)
- **3200-Meter Run**  
Varsity (One Heat)
- **0110-Meter High Hurdles**  
Freshman-Sophomore (Final Heat)  
Varsity (Final Heat)
- **0100-Meter Dash**  
Freshman-Sophomore (Final Heat)  
Varsity (Final Heat)
- **0800-Meter Run**  
Freshman-Sophomore (Two Heats)  
Varsity (Two Heats)
- **0800-Meter Relay**  
Freshman-Sophomore (Two Heats)  
Varsity (Two Heats)
- **0400-Meter Dash**  
Freshman-Sophomore (Three Heats)  
Varsity (Three Heats)
- **0300-Meter Intermediate Hurdles**  
Freshman-Sophomore (Three Heats)  
Varsity (Three Heats)
- **1600-Meter Run**  
Freshman-Sophomore (Two Heats)  
Varsity (Two Heats)
- **0200-Meter Dash**  
Freshman-Sophomore (Final Heat)  
Varsity (Final Heat)
- **1600-Meter Relay**  
Freshman-Sophomore (Two Heats)  
Varsity (Two Heats)

\* Personnel Needed - Adults

Trainer

One (01) Starter and One (01) Assistant Starter  
Five (05) Field Event Judges  
Two (02) Finish Line Judges  
One (01) Clerk of Course – Staging Area  
One (01) Camera Assistant – Finish Line  
One (01) Cut line Judge  
Two (02) Curve Judges  
Eight (08) Timers  
Six (06) Pickers

## **Article 15 - Girls Track and Field**

### **CONFERENCE GIRLS TRACK AND FIELD COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

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The following information is accessible through the website:

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#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – Tournament Post Season Meeting**

The girl's Track and Field tournament and post season meeting is scheduled for the following dates

- Monday, April 20, 2012 (Seed);
- Wednesday, May 2, 2012 (Varsity).

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

#### **Section 5 – Conference Meet Results**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official Conference Meet results will be kept in girl's Track and Field for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in girl's Track and Field will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the varsity level of competition for girl's Track and Field.

The host school administrator should contact the website host for the presentation format for girl's Track and Field.

### **CONFERENCE GIRLS TRACK AND FIELD ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of girls Track and Field will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The girls will compete on the varsity levels in a round-robin schedule.

Three or four teams will be scheduled to compete in a meet.

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in girl's Track and Field shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in girls Track and Field may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girl's Track and Field may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 8 – Starting Times**

The recommended starting time is 04:30 pm for all girls' conference Track and Field dual meet competition.

## **CONFERENCE GIRLS TRACK AND FIELD HONORS**

Six (06) - Clerk of Course Assistants

### **Section 9 - Championships**

The champion named in girl's varsity Track and Field will be the school that totals the most points at the Conference Track and Field meet.

In case of any ties, co-champions are recognized.

### **Section 10 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the varsity level according results of the Conference meet.

### **Section 11 – Individual Awards**

Individual medals shall be given to the first, second, and third place winners in each varsity event.

Ribbons shall be given to the fourth, fifth, and sixth place winners in each varsity event.

Ribbons shall be given to the fourth, fifth and sixth place winners in each junior varsity event.

### **Section 12 – Special Post Season Conference Awards**

Excellence in girl's Track and Field will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year for girl's Track and Field will follow this process. At the coach's seed meeting for the East Suburban Catholic Conference girl's Track and Field Championship meet, each coach will nominate

one athlete from their team to be considered as the Athlete of the Year. Coaches will turn in their vote to the meet administrator by the end of the East Suburban Catholic Conference meet. Although the award will be titled Athlete of the Year, the coaches will actually be selecting an athlete of the meet.

The criteria for the selection of the Coach of the Year for girl's Track and Field will follow this process. Each varsity girl's Track and Field head coach will also list the name of his selection for the Coach of the Year. This name will be submitted along with the ballot for the girl's Player of the Year.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girl's Track and Field.

## **CONFERENCE GIRLS TRACK AND FIELD SPECIFIC RULES**

### **Section 13 - Conference Meet**

The annual girls Conference Track and Field meet shall be held on a Wednesday prior to the weekend before the Illinois High School Association Sectional meet.

There shall be one level conducted for the varsity squad.

The events and scoring for the girls conference Track and Field meet will be the same as the Illinois High School Association Sectional Track and Field meet of the current year.

The place of the girls conference Track and Field meet will be determined by agreement of the Athletic Directors each year, and the school hosting the meet will conduct the meet with the qualified assistance of member schools.

All field events will start at 04:00 pm, and preliminary track events are to start at 04:30 pm. The scratch meeting will be held at 03:45 pm.

A games committee will manage the girl's conference Track and Field meet. It will consist of three conference coaches and a knowledgeable starter. It is recommended that one of the two coaches be from the host school of the meet, and the other coach be from next year's host school.

The following schedule will be the format:

- Coaches Scratch Meeting
- Captain and Coaches –
- Officials Meet with Starter
  
- Varsity **Shot Put**
- Varsity **Long Jump**
- Varsity **High Jump**
- Varsity **Pole Vault**  
(Four Jumps-Cafeteria)
  
- Varsity **Discus**
- Varsity **Triple Jump**  
(Events will follow at the completion of the Shot Put and Long Jump)  
(Four Jumps-Cafeteria)
  
- **0100-Meter Dash** Preliminaries  
Varsity Heats
- **0100-Meter High Hurdles** Preliminaries  
Varsity Heats
- **0200-Meter Dash** Preliminaries

## Varsity Heats

### National Anthem

- **3200-Meter Relay**  
Junior varsity (One Heat)
- **3200-Meter Relay**  
Varsity (One Heat)
- **0400-Meter Relay**  
Junior varsity (Possible Two Heats)
- **0400-Meter Relay**  
Varsity (Possible Two Heats)
- **3200-Meter Run**  
Varsity (One Heat)
- **0100-Meter High Hurdles**  
Varsity (Final Heat)
- **0100-Meter Dash**  
Varsity (Final Heat)
- **0800-Meter Run**  
Varsity (Possible Two Heats)
- **0800-Meter Relay**  
Junior varsity (Possible Two Heats)
- **0800-Meter Relay**  
Varsity (Possible Two Heats)
- **0400-Meter Dash**  
Varsity (Possible Three Heats)
- **0300-Meter Low Hurdles**  
Varsity (Possible Three Heats)
- **1600-Meter Run**  
Varsity (Possible Two Heats)
- **0200-Meter Dash**  
Varsity (Final Heat)
- **1600-Meter Relay**  
Junior varsity (Possible Two Heats)
- **1600-Meter Relay**  
Varsity (Possible Two Heats)

### \*Personnel Needed - Adults

#### Trainer

One (01) Starter and One (01) Assistant Starter  
Five (05) Field Event Judges  
Two (02) Finish Line Judges  
One (01) Clerk of Course – Staging Area  
One (01) Camera Assistant – Finish Line  
One (01) Cut line Judge  
Two (02) Curve Judges  
Eight (08) Timers  
Six (06) Pickers  
Two (02) Scorers  
Two (02) Award Assistants  
One (01) Announcer  
Twelve (12) Exchange Zone Judges  
(12) – 0400-Meter Relay  
(08) – 0800-Meter Relay  
(04) – 1600-Meter Relay

### Personnel Needed – Students

Twelve (12) Hurdle Crew Assistants  
Sixteen (16) Field Event Assistants  
(03) - Shot Put  
(03) - Discus  
(02) - High Jump  
(04) – Long Jump  
(04) – Triple Jump

## **Article 17 - Boys Volleyball**

### **CONFERENCE BOYS VOLLEYBALL COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – All Conference Selection Meeting**

The boys Volleyball All Conference and post season meeting will be held on Sunday, May 20, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and game results will be kept in boys Volleyball for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

### **CONFERENCE BOYS VOLLEYBALL ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of boys Volleyball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

There will be a single round robin schedule for the freshman, sophomore, and varsity teams.

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Volleyball shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Sophomore level competition in boys Volleyball shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in boys Volleyball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Volleyball may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 8 - Starting Times**

The recommended starting time is 05:00 pm for all freshman and sophomore boys Volleyball competition.

The recommended starting time is 06:15 pm for all varsity boys Volleyball competition.

### **Section 9 - Officials**

Two Illinois High School Association officials are to be contracted for a varsity boys Volleyball contest.

Two Illinois High School Association officials are to be contracted for the freshman and sophomore boys Volleyball contests.

### **Section 10 - School Information**

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Volleyball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Boys Volleyball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;

- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

## **CONFERENCE BOYS VOLLEYBALL HONORS**

### **Section 11 - Championships**

Championships in freshman, sophomore, and varsity boys Volleyball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

### **Section 12 –Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the results of the Conference dual meet standings.

### **Section 13 - All-Conference**

An all-conference squad will be selected in boys Volleyball by vote of the head coaches of each member school. The number in boys Volleyball will be seventeen (17).

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in boys Volleyball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for boys Volleyball shall be determined by the Athletic Directors and has been set at seventeen (17).

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The boys Volleyball meeting is scheduled for Sunday, May 20, 2012.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

The Conference Secretary is responsible to publish the boys Volleyball All Conference team.

There will be a copy of the boys Volleyball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

### **Section 14 – Special Post Season Conference Awards**

Excellence in boys Volleyball will be recognized with the selection of a Player of the Year and a Coach of the year.

The Most Valuable Player of the conference in boys Volleyball will be the individual that receives the highest number of votes in the balloting for All Conference.

The Coach of the Year of the Conference in boys Volleyball will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Volleyball.

#### **CONFERENCE BOYS VOLLEYBALL SPECIFIC RULES**

##### **Section 15 - Game Ball**

The official Conference volleyball will follow the State or Illinois High School Association regulations.

The host school at all levels of boys Volleyball will be responsible for supplying volleyballs to visiting schools for all warm up periods.

The host team at all levels shall provide the visiting team with a chalkboard or grease board with appropriate writing implements.

## **Article 17 - Girls Volleyball**

### **CONFERENCE GIRLS VOLLEYBALL COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – All Conference Selection Meeting**

The girls Volleyball All Conference and post season meeting will be held on Sunday, October 23, 2011.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

#### **Section 5 – Results And Statistics**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official team standings and game results will be kept in girls Volleyball for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

### **CONFERENCE GIRLS VOLLEYBALL ADMINISTRATION**

#### **Section 6 – Scheduling**

Scheduling of girls Volleyball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

There will be a single round robin schedule for the freshman, sophomore, and varsity teams.

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in girls Volleyball shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Sophomore level competition in girls Volleyball shall be limited to students in their first four semesters after entering the ninth (9<sup>th</sup>) grade.

Varsity level competition in girls Volleyball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Volleyball may not compete against a single school on more than one level of competition per conference scheduling period.

### **Section 8 - Starting Times**

The recommended starting time is 05:00 pm for all freshman and sophomore girls Volleyball competition.

The recommended starting time is 06:00 pm for all varsity girls Volleyball competition.

### **Section 9 - Officials**

Two Illinois High School Association officials are to be contracted for a varsity girls Volleyball contest.

Two Illinois High School Association officials are to be contracted for the freshman and sophomore girls Volleyball contests.

### **Section 10 - School Information**

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Girls Volleyball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Girls Volleyball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;

- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

## **CONFERENCE GIRLS VOLLEYBALL HONORS**

### **Section 11 - Championships**

Championships in freshman, sophomore, and varsity girls Volleyball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

### **Section 12 – Team Awards**

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the results of the Conference dual meet standings.

### **Section 13 - All-Conference**

An all-conference squad will be selected in girls Volleyball by vote of the head coaches of each member school. The number in girls Volleyball will be nineteen (19).

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in girls Volleyball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for girls Volleyball shall be determined by the Athletic Directors and has been set at nineteen (19).

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The girls Volleyball meeting is scheduled for Sunday, October 23, 2011.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 a.m.

The Conference Secretary is responsible to publish the girls Volleyball All Conference team.

There will be a copy of the girls Volleyball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

### **Section 14 – Special Post Season Conference Awards**

Excellence in girls Volleyball will be recognized with the selection of a Player of the Year and a Coach of the Year.

The Most Valuable Player of the conference in girls Volleyball will be the individual that receives the highest number of votes in the balloting for All Conference.

The Coach of the Year of the Conference in girls Volleyball will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Volleyball.

### **CONFERENCE GIRLS VOLLEYBALL SPECIFIC RULES**

#### **Section 15 - Game Ball**

The official Conference volleyball will follow the State or Illinois High School Association regulations.

The host school at all levels of girls Volleyball will be responsible for supplying volleyballs to visiting schools for all warm up periods.

The host team at all levels shall provide the visiting team with a chalkboard or grease board with appropriate writing implements.

## **Article 18 - Wrestling**

### **CONFERENCE BOYS WRESTLING COMMUNICATION**

#### **Section 1 – Website**

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

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- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

#### **Section 2 – Schedule Keeper**

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

#### **Section 3 – Meetings**

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

The specific sport resource Athletic Director may conduct a preseason meeting as deemed necessary and appropriate.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

#### **Section 4 – Tournament Post Season Meeting**

The boys Wrestling tournament is scheduled for the following dates:

- Wednesday, January 25, 2012 (Seed);
- Friday, January 27, 2012 (Varsity);
- Saturday, January 28, 2012 (Freshman and Junior Varsity).

East Suburban Catholic Conference Tournament Seeding Meeting - This meeting will be scheduled for the Wednesday evening prior to the East Suburban Catholic Conference Tournament. This meeting will be hosted at Notre Dame High School. The meeting will be scheduled to start at 07:00 pm;

East Suburban Catholic Conference post-season meeting - This meeting will be scheduled for the Tuesday evening after the Illinois High School Dual Team State Tournament. This meeting will be hosted at Notre Dame High School. The meeting will be scheduled to start at 07:00 pm;

The boys Wrestling post season meeting is scheduled for **Tuesday, March 6, 2012 (tentative)**.

#### **Section 5 – Conference Meet Results**

The East Suburban Catholic Conference has designated Kevin Kelly (Marian Catholic) as the Conference Statistician.

Official Conference Meet results will be kept in boys Wrestling for the freshman, junior varsity and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boys Wrestling will be responsible to publish the results for the freshman, junior varsity and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman, junior varsity and varsity levels of competition for boys Wrestling.

The host school administrator should contact the website host for the presentation format for boys Wrestling.

## **CONFERENCE BOYS WRESTLING ADMINISTRATION**

### **Section 6 – Scheduling**

Scheduling of boys Wrestling will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year. The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The member schools of the East Suburban Catholic Conference will conduct a single and double dual, round robin schedule, which will follow a three-year rotation at the freshman, junior varsity, and varsity levels.

Double dual wrestling competition within the East Suburban Catholic Conference will begin at 05:15 pm.

The school that travels furthest will wrestle the host school in the first dual meet.

The school that travels furthest will wrestle the third opponent in the second dual meet.

The third opponent and the host school will wrestle in the third dual meet.

It is highly recommended that wrestling take place on three (03) mats when and where possible. It is understood that different facilities necessitate certain decisions. Administrators are highly encouraged to make an earnest effort to wrestle on three mats if at all possible.

A level of competition should be assigned to a particular mat. Each mat should run continuous dual meets until that level is completed. Adequate warm up time should be allowed between dual meets.

If a level finishes early, matches from another mat and level may be moved to the mat that has finished its level. Protocol dictates that both involved coaches agree to this move or the move should not be pressed.

Approved Varsity Weight Classes For Double Dual Competition:

106 Pounds - 113 Pounds - 120 Pounds - 126 Pounds –  
132 Pounds - 138 Pounds - 145 Pounds - 152 Pounds –  
160 Pounds - 170 Pounds - 182 Pounds - 195 Pounds –  
220 Pounds - 285 Pounds

Approved Junior Varsity Weight Classes For Double Dual Competition:

106 Pounds - 113 Pounds - 120 Pounds - 126 Pounds –  
132 Pounds - 138 Pounds - 145 Pounds - 152 Pounds –  
160 Pounds - 170 Pounds - 182 Pounds - 195 Pounds –

220 Pounds - 285 Pounds

Approved Freshman Weight Classes For Double Dual Competition:

093 Pounds - 098 Pounds - 106 Pounds - 113 Pounds  
120 Pounds - 126 Pounds – 132 Pounds - 138 Pounds  
145 Pounds - 152 Pounds – 160 Pounds - 170 Pounds  
182 Pounds - 195 Pounds – 220 Pounds - 285 Pounds

### **Section 7 - Eligibility**

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Wrestling shall be limited to students in their first two semesters after entering the ninth (9<sup>th</sup>) grade.

Junior Varsity level competition in boys Wrestling shall be limited to students in their first six semesters after entering the ninth (10<sup>th</sup>) grade.

Varsity level competition in boys Wrestling may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

No contestant shall compete on more than one level per conference scheduling period.

A wrestler may only compete on one level of competition in the Conference tournament.

A wrestler may only compete on one level against one school during dual meet competition. A wrestler may wrestle two different levels against different schools during double dual competition.

### **Section 8 - Starting Times**

The recommended starting time is 05:15 pm for all freshman, junior varsity and varsity Wrestling competition using the double dual format.

### **Section 9 - Officials**

The East Suburban Catholic Conference will employ an officials' assignment chairman who will be responsible for assigning officials for double dual competition and for the conference tournaments.

Assignments are to be made for officials designated for certain levels of competition officiating.

Conference wrestling coaches are responsible for forwarding a composite listing of acceptable officials for their own school to be used in assignment of their meets.

The assignment chairman will make Officials Evaluation Forms available for conference coaches for the purpose of rating and evaluating assigned officials.

One Illinois High School Association official is to be contracted for a varsity boys Wrestling contest.

One Illinois High School Association official is to be contracted for a junior varsity boys Wrestling contest.

One Illinois High School Association official is to be contracted for a freshman boys Wrestling contest.

## CONFERENCE BOYS WRESTLING HONORS

### Section 10 - Championships

The freshman, junior varsity, and varsity championships shall be determined by the points awarded according to the teams' finishes in the Conference meet and the points awarded the teams' places in the final standings for dual meets. In the Conference meet, a team finish will procure the following place points:

- first, twenty-one (21) points;
- second, eighteen (18) points;
- third, fifteen (15) points;
- fourth, twelve (12) points;
- fifth, nine (09) points;
- sixth, six (06) points;
- seventh, three (03) points; and

In the final standings from the dual meets, a team finish will procure the following point totals:

- first, fourteen (14) points;
- second, twelve (12) points;
- third, ten (10) points;
- fourth, eight (08) points;
- fifth, six (06) points;
- sixth, four (04) points;
- seventh, two (02) points;

The Conference champions will be the teams at each of three levels with the highest combination of the two sets of points.

### Section 11 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman, junior varsity, and varsity levels according to the results of the Conference dual meet standings and the results of the Conference meet.

### Section 12 – Individual Awards

Individual medals shall be awarded to the first three placers in each weight class at the freshman, junior varsity, and varsity levels.

An award will be given to the Most Valuable Wrestler at the East Suburban Catholic Conference Tournament. The head coaches at the championship meet will vote this award on.

### Section 13 – Special Post Season Conference Awards

Excellence in boys Wrestling will be recognized with the selection of a Player of the Year and a Coach of the Year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Wrestling coaches of the Conference.

The Most Valuable Player of the conference in boys Wrestling will be the individual that receives the highest number of votes in the balloting for All Conference.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Wrestling.

## CONFERENCE BOYS WRESTLING SPECIFIC RULES

### Section 14 - Conference Tournament

The East Suburban Catholic Conference will conduct individual conference wrestling tournaments at the freshman, junior varsity, and varsity levels. The tournaments will be conducted

one week prior to the Illinois High School Association Regional Tournament.

The place and time of the Conference meet will be determined by agreement of the Athletic Directors each year and the designated hosts of the Conference meets will be responsible for conducting the tournaments.

The weight classes, format, and scoring for the varsity and junior varsity level tournament will be the same as the Illinois High School Association for the current year. Wrestling will take place in the following weight classes:

106 Pounds - 113 Pounds - 120 Pounds - 126 Pounds –  
132 Pounds - 138 Pounds - 145 Pounds - 152 Pounds –  
160 Pounds - 170 Pounds - 182 Pounds - 195 Pounds –  
220 Pounds - 285 Pounds

The weight classes, format, and scoring for the junior varsity level tournament will be identical to the varsity tournament with the exception that there be a wrestle back round to fifth place. The freshman and junior varsity East Suburban Catholic Conference will wrestle back to fifth place during their conference tournaments. The wrestle back should take place from the semifinalists with cross-bracketing occurring. There should be automatic advancements (walk over). Scoring will take place to sixth place. Awards will be given to third place. Wrestling will take place in the following weight classes:

106 Pounds - 113 Pounds - 120 Pounds - 126 Pounds –  
132 Pounds - 138 Pounds - 145 Pounds - 152 Pounds –  
160 Pounds - 170 Pounds - 182 Pounds - 195 Pounds –  
220 Pounds - 285 Pounds

The weight classes, format, and scoring for the freshman level tournament will be identical to the varsity tournament with the exception that there be a wrestle back round to fifth place. The freshman and junior varsity East Suburban Catholic Conference will wrestle back to fifth place during their conference tournaments. The wrestle back should take place from the semifinalists with cross-bracketing occurring. There should be automatic advancements (walk over). Scoring will take place to sixth place. Awards will be given to third place. Wrestling will take place in the following weight classes:

093 Pounds - 098 Pounds - 106 Pounds - 113 Pounds  
120 Pounds - 126 Pounds – 132 Pounds - 138 Pounds  
145 Pounds - 152 Pounds – 160 Pounds - 170 Pounds  
182 Pounds - 195 Pounds – 220 Pounds - 285 Pounds

\*\*\*The weight classes, in addition to those sanctioned by the Illinois High School Association, must have the approval of the Athletic Directors.\*\*\*

The varsity Conference tournament will be wrestled on a Friday, one week prior to the Illinois High School Association Regional Tournament. The varsity Conference tournament will be scheduled to start at 03:30 pm. Weigh-in time will be designated from 01:30 pm through 03:00 pm. Scratch meetings will be held (as necessary) during the time between the weigh-in and the designated starting time.

The junior varsity Conference tournament will be wrestled on a Saturday, one week prior to the Illinois High School Association Regional Tournament. The junior varsity Conference tournament will be scheduled to start at 09:00 am. Weigh-in time will be designated from 07:00 am through 08:30

am. Scratch meetings will be held (as necessary) during the time between the weigh-in and the designated starting time.

The freshman Conference tournament will be wrestled on a Sunday, one week prior to the Illinois High School Association Regional Tournament. The freshman Conference tournament will be scheduled to start at 09:00 am. Weigh-in time will be designated from 07:00 am through 08:30 am. Scratch meetings will be held (as necessary) during the time between the weigh-in and the designated starting time.

Meetings will be conducted on the Thursday prior to the conference tournament to seed the freshman, junior varsity, and varsity level tournaments. The seeding meetings will be conducted at the centrally located Notre Dame High School in Niles, Illinois, and will begin at 07:00 pm. A general meeting should be conducted to discuss tournament procedure and to answer pertinent questions. Three meeting areas should be designated for freshman, junior varsity, and varsity level coaches to convene and to seed the three level tournaments.

An award will be presented to the student-athlete named the "Outstanding Wrestler of the East Suburban Catholic Conference Varsity Wrestling Tournament." The student-athlete will be selected by vote of the varsity coaches at the varsity conference meet. Each coach will vote for three individuals. The first listed position is worth three (03) points, the second listed position is worth two (02) points, and the third listed position is worth one (01) point. The "Outstanding Wrestler of the East Suburban Catholic Conference Varsity Wrestling Tournament" will be named from this voting process.

Each Conference school will be responsible for a forty-dollar (\$40.00) entry fee to the host school of each level of the East Suburban Catholic Conference Wrestling Tournaments.

### **Section 15 - Conference Tournament Criteria**

#### **EAST SUBURBAN CATHOLIC CONFERENCE SEEDING CRITERIA FOR WRESTLING**

#### **ILLINOIS HIGH SCHOOL ASSOCIATION SEEDING CRITERIA**

1. Record versus common opponents (including head-to-head)
2. Returning champion or runner up in the same weight class
3. Quality of competition
4. Season record
5. Vote of coaches who have wrestlers in the same weight class

#### **EAST SUBURBAN CATHOLIC CONFERENCE SEEDING CRITERIA FOR WRESTLING**

1. Conference record which includes head to head competition (This is the eight dual meets in our schedules)
2. Season record (Overall record)
3. Record versus common opponents
4. Returning champion or runner up in the same weight class as last year
5. Vote of coaches who have wrestlers in that weight class

(Obviously #04 does not fit the freshman level and might not fit the junior varsity level)

When figuring a wrestler's record, it should be done at the weight class that he is going to enter. A wrestler's overall

record is every match he has wrestled. It should be understood that when a wrestler comes down in weight class (say from 112 pounds to 103 pounds), his record should also come down with him. However, the converse is not true for a wrestler going up a weight class (say from 112 pounds to 119 pounds). The record at 112 pounds does not go up. In order to have a seed, a wrestler must have three matches in the Conference.

**A WRESTLER IS ENTERED IN THE CONFERENCE  
WRESTLING TOURNAMENT AT ANY ONE OF THE THREE  
LEVELS WHEN THAT INDIVIDUAL MEETS THE SCALE  
REQUIREMENTS AT THE WEIGH IN.**