

**East
Suburban
Catholic
Conference**

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**Athletic
Operating
Procedures
2006-07**

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East Suburban Catholic Conference
Athletic Operating Procedures
(as of 02/13/07):**

Athletic Operating Procedures

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The following Athletic Operating Procedures have been adopted by the membership of the East Suburban Catholic Conference and is applicable as of May 04, 2004.

Adopted: November 25, 1958

Revised:	November 21, 1960	May 20, 1964
	May 17, 1967	May 21, 1969
	May 18, 1982	May 07, 1985
	May 01, 1990	May 05, 1992
	May 02, 1995	May 24, 1996
	July 21, 1997	July 05, 1998
	May 01, 1999	May 01, 2001
	August 27, 2002	May 06, 2003
	May 04, 2004	July 05, 2005
	April 26, 2006	

Article 1 – Boys Baseball

CONFERENCE BOYS BASEBALL COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Baseball head coaches are required to attend a pre-season organizational meeting to be attended by all Spring sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Viator High School on Tuesday, February 13, 2007. The Spring pre-season meeting will begin at 07:00 pm.

Section 5 – All Conference Selection Meeting

The boys Baseball All Conference and post season meeting is scheduled for Sunday, May 20, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and game results will be kept in boys Baseball for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

CONFERENCE BOYS BASEBALL ADMINISTRATION

Section 7 – Scheduling

Scheduling of boys Baseball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

There will be a double round robin schedule for freshman, sophomore, and varsity teams.

The freshman and sophomore contests will be scheduled on the same day and time at the opposite site of the scheduled varsity opponent.

No East Suburban Catholic Conference game can be scheduled before the first Saturday of the conference season, which is the Saturday of Week 41 of the Illinois High School Association calendar.

If a game has to be changed due to an academic requirement, the game should be rescheduled as close to the original scheduled date as possible.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Baseball shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in boys Baseball shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Baseball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Baseball may not compete against a single school on more than one level of competition per conference scheduling period.

Section 9 - Starting Times

The recommended starting time is 04:30 pm for all Baseball competition on weekdays.

The recommended starting time is 10:00 am for all Baseball competition on Saturdays.

A ten to fifteen minute warm up time is required for the visiting team.

Section 10 - Officials

Two Illinois High School Association umpires are to be contracted for a varsity boys Baseball contest.

If only one umpire is available, the contest is to be played.

Two Illinois High School Association umpires are to be contracted for the freshman and sophomore boys Baseball contests.

If only one umpire is available, the contest is to be played.

Section 11 - School Information

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Baseball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Boys Baseball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

CONFERENCE BOYS BASEBALL HONORS

Section 12 - Championships

Championships in freshman, sophomore, and varsity Baseball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

Section 13 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the Conference standings.

Section 14 - All-Conference

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in Baseball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for Baseball shall be determined by the Athletic Directors and has been set at twenty-seven - (27).

ALL CONFERENCE TEAM SELECTION PROCEDURES

- a. Each Conference school will be represented on the All-Conference Baseball team.
- b. Coaches will first select the number of indicated position groupings according to the following order:
 - 4 Pitchers
 - 8 Infielders
 - 6 Outfielders
 - 2 Catchers
- c. Any team without representation will place its best player on the team. This player must have been nominated for another position.
- d. The remaining selections will be voted on as at large spots.
- e. All non-pitching nominations must have an average of 2.75 plate appearances in Conference games to be eligible for the team.
- f. Any player based on his offensive statistics could fill the Designated Hitter spot.
- g. Statistics to be used for All Conference nominations should be from conference games only.
- h. The following will be statistics that should be provided when nominating your players for All-Conference consideration:

Position Players

Supplied By Coach

- 1. At Bats
- 2. Hits
- 3. Runs
- 4. Doubles
- 5. Triples
- 6. Home Runs
- 7. Runs Batted In
- 8. Stolen Bases
- 9. Walks / Hit – By – Pitch
On Base By Error (To Be Considered As One Category)
- 10. Fielding Attempts
- 11. Errors

Computer Calculated

- 1. Batting Average
- 2. Slugging Percentage
- 3. Fielding Percentage
- 4. On Base Percentage

Pitchers

Supplied By Coach

- 1. Games
- 2. Innings
- 3. Hits Allowed
- 4. Runs Allowed
- 5. Earned Runs
- 6. Strike Outs
- 7. Walks – Hit Batters
- 8. Wins
- 9. Losses
- 10. Saves

Computer Calculated

- 1. Earned Run Average

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The Baseball All Conference and post season meeting is scheduled for Sunday, May 20, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and will begin at 10:00 am.

The Conference Secretary is responsible to publish the boys Baseball All Conference team.

There will be a copy of the boys Baseball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

Section 15 – Special Post Season Conference Awards

Excellence in boys Baseball will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Baseball coaches of the Conference.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Baseball.

CONFERENCE BOYS BASEBALL SPECIFIC RULES

Section 16 - Game Ball

Any official top grade baseball is to be used with a minimum of three baseballs per game. A National or American League baseball is recommended.

Section 17 - Special Regulations

The ten run rule is mandatory in all contests.

The re-entry rule and the use of a courtesy runner for the pitcher and catcher shall follow state rules.

Section 18 - Incomplete Contests

All varsity tie contests that are official regulation games will be continued at the point where the game was suspended at the same sight on the first open date.

Sophomore and freshman official regulation tie contests will be determined on a .5 won and .5 loss basis in the standings and will not be replayed.

If any game (freshman, sophomore, or varsity) must be postponed because of rain, darkness, or other reasons, it is ruled a "suspended game" under provisions of Rule 4-2-3.

Any game that is not official regulation game (four and one-half innings if the home team is ahead or five innings if the visiting team is ahead) will be considered a suspended game and shall be continued from the point of suspension.

All sophomore and freshman official regulation incomplete contests will not be replayed. The winner in this case will be the team leading at the end of the last complete inning when the game was called.

Section 19 - Postponed Contests

The decision whether or not to play when weather and ground conditions are doubtful rest on the judgment of the host school.

Postponed contests are to be played the next day.

If games are continually postponed, they are automatically rescheduled in the order of postponement as set by the Athletic Directors.

State Tournament contests take preference over regularly scheduled Conference contests.

Regularly scheduled or rescheduled Conference contests will always take preference over regularly scheduled or rescheduled non-conference contests.

Conference teams are required to complete their conference schedule, but if late, in season, continued postponements occur; these teams need not play when mutually agreed upon unless any contest has a bearing on the Conference Championship.

In the event the host field is unplayable and the visiting location is playable, the contest is to be played at the available field whenever possible.

The varsity contest will take priority over lower levels with both fields and umpires.

This is followed in the priority of the sophomore level and the freshman level.

If a contest is moved to the alternate site, the umpires scheduled for the lower level contest will be used on the varsity level, only if the scheduled umpires for the varsity contest cannot be moved to the new location, and if the lower level umpires are determined competent to handle varsity level competition. This decision will rest with the assignment chairman for that school and the Athletic Director.

This also applies to double headers. In the event that both sites are not playable for a double header, then the contests are to be made up in a double header format at the site of the original host school or to be made up on individual days with both individual contests to be played at the site of the original host school.

In the event a contest is moved to the visitor's site from the original site due to field availability or playing conditions, the schedule remains intact for remaining contests.

Varsity contests are to be played first with sophomore and freshman contests following in priority. Varsity contests are to be moved to the first available playing facility.

Section 20 - Double Headers

Double headers will be scheduled in the East Suburban Catholic Conference. When a double header is scheduled, each team will assume the role of the home team.

The host school will be the home team for the first game, and the visiting school will be the home team for the second game. The doubleheader host school will supply baseballs for the double header.

Communication should take place concerning the amount of time between contests. It is recommended that fifteen minutes be allowed for necessary adjustments between contests.

Article 2 – Boys Basketball

CONFERENCE BOYS BASKETBALL COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

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Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Basketball head coaches are required to attend a pre-season organizational meeting to be attended by all winter sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at Nazareth Academy on Wednesday, October 25, 2006. The Winter pre-season meeting will begin at 07:00 pm.

Section 5 – All Conference Selection Meeting

The boys Basketball All Conference and post season meeting is scheduled for Saturday, February 24, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 09:30 am.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings, game results, and varsity individual scoring statistics will be kept in boys Basketball for the freshman, sophomore, and varsity levels of competition.

Team standings, game results, and varsity individual scoring statistics will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

CONFERENCE BOYS BASKETBALL ADMINISTRATION

Section 7 – Scheduling

Scheduling of boys Basketball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

A thirteen (13) game schedule has been formatted.

The conference will be divided into two divisions. The North division will be comprised of five teams and the South division will be comprised of five teams.

The schedule will be drawn for two years with the second year played at the opposite site. The schedule will be redrawn after two years.

North

Carmel
Notre Dame
St Joseph
St Patrick
St Viator

South

Benet
Joliet Catholic
Marian Catholic
Marist
Nazareth

Teams will play a double round robin against divisional opponents and will play a single round robin against opponents in the opposite division.

The sophomore and varsity will play at the site designated by the schedule.

The freshman will play at the opposite sites on Saturday following a Friday night contest or on a Monday following a Saturday night contest.

The schedule shall be counted backwards from the Monday before the Illinois High School Association Regional Tournament.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Basketball shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in boys Basketball shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Basketball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Basketball may not compete against a single school on more than one level of competition per conference scheduling period.

Freshman players can play a total of four quarters in both the "A" and "B" games on a given day. The seven pre-designated "A" team players may not play in the "B" game.

Section 9 - Starting Times

The recommended starting time is 06:00 pm for all sophomore boys' Basketball competition.

The recommended starting time is 07:30 pm for all varsity boys' Basketball competition.

The recommended starting time is 05:00 pm for all freshman boys' basketball competition on weekdays.

The recommended starting time is 10:00 am for all freshman boys' basketball competition on Saturday.

Section 10 - Officials

Three Illinois High School Association officials are to be contracted for a varsity boys Basketball contest.

Two Illinois High School Association officials are to be contracted for the freshman and sophomore boys Basketball contests.

Section 11 - School Information

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Basketball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Boys Basketball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the

head coach to the opposing head coach and to the announcer prior to the start of the contest.

CONFERENCE BOYS BASKETBALL HONORS

Section 12 - Championships

Championships in freshman, sophomore, and varsity boys Basketball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

Section 13 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the Conference standings.

Section 14 - All-Conference

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in boys Basketball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for boys Basketball shall be determined by the Athletic Directors and has been set at fourteen (14).

ALL CONFERENCE TEAM SELECTION PROCEDURES

- a. Each conference head coach may nominate individuals according to the conference finish order. The following nomination totals can be made:
 - First Place Team – Five Nominations
 - Second Place Team – Four Nominations
 - Third Place Team – Four Nominations
 - Fourth Place Team – Three Nominations
 - Fifth Place Team – Three Nominations
 - Sixth Place Team – Three Nominations
 - Seventh Place Team – Two Nominations
 - Eighth Place Team – Two Nominations
 - Ninth Place Team – Two Nominations
 - Tenth Place Team – One Nomination
- b. Nominations are not based on conference statistics only, but can be on season statistics also. However, selection may be determined by conference performance.
- c. Schools that do not represent will not receive any consideration for the All-Conference team.
- d. There are no guaranteed spots for a school.
- e. Coaches can vote for all nominees other than their own nominations.
- f. The voting will take place with fourteen points awarded to the top pick and one point to the least pick.
- g. Total points will be calculated with the top fourteen selected individuals to be named to the All-Conference team.
- h. The individual that receives the highest number of votes in the balloting for All Conference will be named the Most Valuable Player of the conference.

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The boys Basketball meeting is scheduled for Saturday, February 24, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 09:30 am.

The Conference Secretary is responsible to publish the boys Basketball All Conference team.

There will be a copy of the boys Basketball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

Section 15 – Special Post Season Conference Awards

Excellence in boys Basketball will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Basketball coaches of the Conference.

The Most Valuable Player of the conference in boys Basketball will be the individual that receives the highest number of votes in the balloting for All Conference.

The Coach of the Year of the Conference in boys Basketball will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Basketball.

CONFERENCE BOYS BASKETBALL SPECIFIC RULES

Section 16 - Length of Contests

Length of quarters in freshman "A" and sophomore contests shall be seven minutes, and in junior varsity and varsity contests shall be eight minutes. In freshman "B" contests, the quarters shall be six minutes in length with a five-minute half time.

Section 17 - Uniforms

The home team shall wear light colored jerseys, and the visiting team shall wear dark colored jerseys.

Section 18 - Game Ball

The official Conference basketball will follow the State or Illinois High School Association regulations.

The host school at all levels of boys Basketball will be responsible for supplying boys basketballs to visiting schools for all warm up periods.

The host team at all levels shall provide the visiting team with a chalkboard or grease board with appropriate writing implements.

The host school at all levels of boys Basketball should supply the visiting team with water and a method to dispense the water.

Section 19 - Extraordinary Assistants

The timing, scoring, and announcing positions at sophomore and varsity boys Basketball contests will be handled by adults.

An adult is defined as a member of the school's staff, when possible, or as parents, responsible alumni, or capable associates, when the need arises.

Article 3 - Girls Basketball

CONFERENCE GIRLS BASKETBALL COMMUNICATION

Section 1 – Website

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Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

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The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity girls Basketball head coaches are required to attend a pre-season organizational meeting to be attended by all Winter sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at Nazareth Academy on Wednesday, October 25, 2006. The Winter pre-season meeting will begin at 07:00 pm.

Section 5 – All Conference Selection Meeting

The girls Basketball meeting is scheduled for Sunday, February 11, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at Benet Academy and begin at 01:00 pm.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings, game results, and varsity individual scoring statistics will be kept in girls Basketball for the freshman, sophomore, and varsity levels of competition.

Team standings, game results, and varsity individual scoring statistics will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

CONFERENCE GIRLS BASKETBALL ADMINISTRATION

Section 7 – Scheduling

Scheduling of girls Basketball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year. The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

There will be a single round robin schedule for freshman, sophomore, and varsity teams.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in girls Basketball shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in girls Basketball shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in girls Basketball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Basketball may not compete against a single school on more than one level of competition per conference scheduling period.

~~However, to field a full team in the case of players for the "B" level (injury, eligibility, illness, etc) "A" players may be allowed to play in the "B" game if both coaches agree prior to the game.~~

Section 9 - Starting Times

The recommended starting time is 05:30 pm for all sophomore girls' Basketball competition.

The recommended starting time is 07:00 pm for all varsity girls' Basketball competition.

The recommended starting time is 05:30 pm for all freshman girls' Basketball competition contested at the same site.

The recommended starting time is 04:30 pm for all freshman girls' Basketball competition contested at the opposite site.

Saturday times will vary and are to be determined with the mutual consent of the host school and the visiting school.

Section 10 - Officials

Three Illinois High School Association officials are to be contracted for a varsity girls Basketball contest.

Two Illinois High School Association officials are to be contracted for the freshman and sophomore girls Basketball contests.

Section 11 - School Information

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Girls Basketball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Girls Basketball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

CONFERENCE GIRLS BASKETBALL HONORS

Section 12 - Championships

Championships in freshman, sophomore, and varsity girls Basketball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

Section 13 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the Conference standings.

Section 14 - All-Conference

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in girls Basketball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for girls Basketball shall be determined by the Athletic Directors and has been set at fourteen (14).

ALL CONFERENCE TEAM SELECTION PROCEDURES

- a. Each conference head coach may nominate as many individuals as desired, and nominations should occur

in conference finish order. There will usually be more nominations from the top teams.

- b. Nominations are not based on conference statistics only, but rather on season statistics. However, selection may be determined by conference performance.
- c. Schools that do not represent will not receive any consideration for the All-Conference team.
- d. There are no guaranteed spots for a school.
- e. Coaches will only vote on nominees of their opponents. Coaches will not vote for their own players.
- f. The voting will take place with fourteen points awarded to the top pick and one point to the least pick. Total points will be calculated with the top fourteen selected individuals to be named to the All-Conference team.
- g. The top vote getter will be named the Most Valuable Player of the conference.

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The girls Basketball meeting is scheduled for Sunday, February 11, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at Benet Academy and begin at 01:00 pm.

The Conference Secretary is responsible to publish the girls Basketball All Conference team.

There will be a copy of the girls Basketball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

Section 15 – Special Post Season Conference Awards

Excellence in girls Basketball will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Basketball coaches of the Conference.

The Most Valuable Player of the conference in girls Basketball will be the individual that receives the highest number of votes in the balloting for All Conference.

The Coach of the Year of the Conference in girls Basketball will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Basketball.

CONFERENCE GIRLS BASKETBALL SPECIFIC RULES

Section 16 - Length of Contests

Length of quarters in freshman "A" and sophomore contests shall be seven minutes, and in junior varsity and varsity contests shall be eight minutes. In freshman "B" contests, the quarters shall be six minutes in length with a five-minute half time.

Section 17 - Uniforms

The home team shall wear light colored jerseys, and the visiting team shall wear dark colored jerseys.

Section 18 - Game Ball

The official Conference basketball will follow the State or Illinois High School Association regulations.

The host school at all levels of girls Basketball will be responsible for supplying girls basketballs to visiting schools for all warm up periods.

The host team at all levels shall provide the visiting team with a chalkboard or grease board with appropriate writing implements.

The host school at all levels of boys Basketball should supply the visiting team with water and a method to dispense the water.

Section 19 - Extraordinary Assistants

The timing, scoring, and announcing positions at sophomore and varsity girls Basketball contests will be handled by adults.

An adult is defined as a member of the school's staff, when possible, or as parents, responsible alumni, or capable associates, when the need arises.

Article 4 - Boys Cross Country

CONFERENCE BOYS CROSS COUNTRY COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Cross Country head coaches are required to attend a pre-season organizational meeting to be attended by all Fall sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Joseph High School on Sunday, August 20, 2006. The Fall pre-season meeting will begin at 10:00 am.

Section 5 – Tournament Post Season Meeting

The boys Cross Country tournament and post season meeting is scheduled for Saturday, October 14, 2006.

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and meet results will be kept in boys Cross Country for the freshman-sophomore and varsity levels of competition.

Team standings and meet results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each meet result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

Section 7 – Conference Meet Results

Official Conference Meet results will be kept in boys Cross Country for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boys Cross Country will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for boys Cross Country.

The host school administrator should contact the website host for the presentation format for boys Cross Country.

CONFERENCE BOYS CROSS COUNTRY ADMINISTRATION

Section 8 – Scheduling

Scheduling of boys Cross Country will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The men will compete on both the freshman-sophomore and varsity levels.

Teams will compete in two invitational style meetings and finish with the East Suburban Catholic Conference Championship Meet.

The distance for boys shall not be less than three miles for both levels.

Section 9 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in boys Cross Country shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Cross Country may include students in the freshman, sophomore, junior, or senior years of school.

A player (contestant) in boys Cross Country may not compete against a single school on more than one level of competition per conference scheduling period.

Seven runners from each school may be entered in both the varsity and sophomore Conference Meet. Open races for the boys and girls will be run with an unlimited number of entries.

Section 10 – Starting Times

The recommended starting time for the invitational style meets is 04:45 pm, with up to a fifteen (15) minute delay for teams arriving late.

CONFERENCE BOYS CROSS COUNTRY HONORS

Section 11 - Championships

Championships in boys Cross Country shall be determined by a combination of points resulting from the final standings of two invitational style meets and from the final standings of the Conference Meet.

The scoring for boys Cross Country will be as follows:

	Meet #1	Meet#2	Conference Meet
First Place	10 Points	10 Points	30 Points
Second Place	09 Points	09 Points	27 Points
Third Place	08 Points	08 Points	24 Points
Fourth Place	07 Points	07 Points	21 Points
Fifth Place	06 Points	06 Points	18 Points
Sixth Place	05 Points	05 Points	15 Points
Seventh Place	04 Points	04 Points	12 Points
Eighth Place	03 Points	03 Points	09 Points
Ninth Place	02 Points	02 Points	06 Points
Tenth Place	01 Points	01 Points	03 Points

During the 2006 season the men will compete during weeks twelve and fourteen of the Illinois High School Association calendar.

During the first two invitational style meets, there will be unlimited entries in both the freshman-sophomore and varsity divisions, with only the top seven finishers from each team to count in team scoring.

Section 12 – Team Awards

A plaque will be awarded each year to the team champions at the freshman-sophomore and varsity levels according to the results of the two invitational style meet standings and the results of the Conference Meet.

Section 13 – Individual Awards

Individual medals shall be awarded to the first fifteen freshman-sophomore and varsity boys finishers according to their Conference Meet finish.

Ribbons shall be awarded to the first fifteen open division finishers in the boys Conference Meet.

Section 14 – Special Post Season Conference Awards

Excellence in boys Cross Country will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Cross Country coaches of the Conference.

The Most Valuable Player of the conference in boys Cross Country will be the number one runner in the boys varsity Conference meet.

Criteria will need to be developed in the 2006-07 school year for the Coach of the Year recognition in boys Cross Country.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Cross Country.

CONFERENCE BOYS CROSS COUNTRY SPECIFIC RULES

Section 15 - Conference Meet

A Conference Cross Country meet shall be held on the Saturday before the Illinois High School Association Regional Meet.

The course used for the East Suburban Catholic Conference Boys Cross Country meet must meet the Illinois High School Association guidelines for Regional competition.

The place and time of the Conference Meet will be determined by agreement of the Conference Athletic Directors each year, and the host school of the meet will conduct the meet in conjunction with girls Cross Country Conference meet. The order of races will be as follows:

- a. freshman-sophomore girls race;
- b. freshman-sophomore boys race;
- c. varsity girls race;
- d. varsity boys race;
- e. open girls race;
- f. open boys race

The meet shall have an official Illinois High School Association approved starter.

The conference meet will be administered by a rules committee consisting of two coaches and the starter.

It is recommended that one of the coaches be from the host school, and the other from the following year's host school.

Article 5 - Girls Cross Country

CONFERENCE GIRLS CROSS COUNTRY COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity girls Cross Country head coaches are required to attend a pre-season organizational meeting to be attended by all Fall sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Joseph High School on Sunday, August 20, 2006. The Fall pre-season meeting will begin at 10:00 am.

Section 5 – Tournament Post Season Meeting

The girls Cross Country tournament and post season meeting is scheduled for Saturday, October 14, 2006.

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and meet results will be kept in girls Cross Country for the freshman-sophomore and varsity levels of competition.

Team standings and meet results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each meet result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

Section 7 – Conference Meet Results

Official Conference Meet results will be kept in girls Cross Country for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in girls Cross Country will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for girls Cross Country.

The host school administrator should contact the website host for the presentation format for girls Cross Country.

CONFERENCE GIRLS CROSS COUNTRY ADMINISTRATION

Section 8– Scheduling

Scheduling of girls Cross Country will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The women will compete on both the freshman-sophomore and varsity levels.

Teams will compete in two invitational style meetings and finish with the East Suburban Catholic Conference Championship Meet.

The distance for girls shall not be less than three miles for both levels.

Section 9 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in girls Cross Country shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in girls Cross Country may include students in the freshman, sophomore, junior, or senior years of school unless.

A player (contestant) in girls Cross Country may not compete against a single school on more than one level of competition per conference scheduling period.

Seven runners from each school shall be entered in both the varsity and sophomore Conference Meet. Open races for the boys and girls will be run with an unlimited number of entries.

Section 10 – Starting Times

The recommended starting time for the invitational style meets is 04:45 pm, with up to a fifteen (15) minute delay for teams arriving late.

CONFERENCE GIRLS CROSS COUNTRY HONORS

Section 11 - Championships

Championships in girls Cross Country shall be determined by a combination of points resulting from the final standings of two invitational style meets and from the final standings of the Conference Meet.

The scoring for girls Cross Country will be as follows:

	Meet #1	Meet#2	Conference Meet
First Place	10 Points	10 Points	30 Points
Second Place	09 Points	09 Points	27 Points
Third Place	08 Points	08 Points	24 Points
Fourth Place	07 Points	07 Points	21 Points
Fifth Place	06 Points	06 Points	18 Points
Sixth Place	05 Points	05 Points	15 Points
Seventh Place	04 Points	04 Points	12 Points
Eighth Place	03 Points	03 Points	09 Points
Ninth Place	02 Points	02 Points	06 Points
Tenth Place	01 Points	01 Points	03 Points

During the 2006 season the women will compete during weeks eleven and thirteen of the Illinois High School Association calendar.

During the first two invitational style meets, there will be unlimited entries in both the freshman-sophomore and varsity divisions, with only the top seven finishers from each team to count in team scoring.

Section 12 – Team Awards

A plaque will be awarded each year to the team champions at the freshman-sophomore and varsity levels according to the results of the two invitational-style meet standings and the results of the conference meet.

Section 13 – Individual Awards

Individual medals shall be awarded to the first fifteen freshman-sophomore and varsity girls finishers according to their Conference Meet finish.

Ribbons shall be awarded to the first fifteen open division finishers in the girls Conference Meet.

Section 14 – Special Post Season Conference Awards

Excellence in girls Cross Country will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Cross Country coaches of the Conference.

The Most Valuable Player of the conference in boys Cross Country will be the number one runner in the girls varsity Conference meet.

Criteria will need to be developed in the 2006-07 school year for the Coach of the Year recognition in girls Cross Country.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Cross Country.

CONFERENCE GIRLS CROSS COUNTRY SPECIFIC RULES

Section 15 - Conference Meet

A Conference Cross Country meet shall be held on the Saturday before the Illinois High School Association Regional Meet.

The course used for the East Suburban Catholic Conference Girls Cross Country meet must meet the Illinois High School Association guidelines for Regional competition.

The place and time of the Conference Meet will be determined by agreement of the Conference Athletic Directors each year, and the host school of the meet will conduct the meet in conjunction with the boys Cross Country Conference meet.

The order of races will be as follows:

- a. freshman-sophomore girls race;
- b. freshman-sophomore boys race;
- c. varsity girls race;
- d. varsity boys race;
- e. open girls race;
- f. open boys race

The meet shall have an official Illinois High School Association approved starter.

The conference meet will be administered by a rules committee consisting of two coaches and the starter.

It is recommended that one of the coaches be from the host school, and the other from the following year's host school.

Article 6 – Boys Football

CONFERENCE BOYS FOOTBALL COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

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The following information is accessible through the website:

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- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

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The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Football head coaches are required to attend a pre-season organizational meeting to be attended by all Fall sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at Marian Catholic High School on Sunday, August 13, 2006. The Fall pre-season meeting will begin at 10:00 am.

Section 5 – All Conference Selection Meeting

The boys Football All Conference and post season meeting will be held on Sunday, October 22, 2006.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings, game results, and varsity individual scoring statistics will be kept in boys Football for the freshman, sophomore, and varsity levels of competition.

Team standings, game results, and varsity individual scoring statistics will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

CONFERENCE BOYS FOOTBALL ADMINISTRATION

Section 7 – Scheduling

Scheduling of boys Football will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year. The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman, sophomore and varsity schedule will be a partial seven game round robin with the first two playing dates designated as non-conference dates.

Freshman contests will be played on Saturdays at the opposite site. The freshman schedule shall follow the sophomore and varsity schedule.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Football shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in boys Football shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Football may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

For the sophomore and varsity levels only, no player may appear in more than six (06) quarters per scheduling period. The following criteria to be followed:

- one play equals one quarter;
- this move can only be made from the sophomore to the varsity level;
- player (s) must be identified prior to the contest.

Except for the above situation, no contestant shall compete on more than one level per conference scheduling period.

Freshmen are eligible to compete at the varsity level.

Section 9 - Starting Times

Sophomore contests shall start at 05:00 pm for night contests and 11:00 am for day contests unless mutually agreed otherwise.

Varsity contests must begin at 07:30 pm for night contests and 01:30 pm for day contests, or twenty minutes after the completion of the sophomore game, whichever of these times is later.

The varsity warm up time between the sophomore and varsity contests shall be limited to twenty minutes.

Ceremonies between halves shall be limited to fifteen minutes, except homecoming ceremonies, which shall be limited to twenty minutes.

Section 10 - Officials

Five Illinois High School Association officials are to be contracted for a varsity boys Football contest.

Five Illinois High School Association officials are to be contracted for a sophomore boys Football contest.

Four Illinois High School Association officials are to be contracted for a freshman boys Football contest.

Section 11 - School Information

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Football Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Boys Football Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

CONFERENCE BOYS FOOTBALL HONORS

Section 12 – Championships

Championships in freshman, sophomore, and varsity boys Football will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

The Conference representative to the State Playoffs will be the team with the victory over the other team if they played each other during the Conference season.

In the event of a tie in the Conference standings and the teams did not play, or a tie between three or more teams, there will be co-champions, but the conference representative to the State Playoffs will be decided using the at-large selection formula that is outlined in the Illinois High School Association Football rules and regulations.

Section 13- Team Awards

Plaques will be awarded to the team champions or co-champions in freshman, sophomore, and varsity competition according to the Conference standings.

Section 14 - All-Conference

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in Football.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for Football shall be determined by the Athletic Directors and has been set at sixty (60).

ALL CONFERENCE TEAM SELECTION PROCEDURES

- a. 60 Players will be selected from 220 starters, which is 27% of all starters.
- b. Player breakdown of the All Conference Team.

Offensive Players

03 Quarters Backs
04 Running Backs
02 Tight Ends
04 Receivers
10 Offensive Linemen

Defensive Players

08 Defensive Backs
08 Linebackers
06 Defensive Linemen

02 Punters and/or Kickers
13 At Large Players from all positions

- c. Each head coach will fax to Andy Bitto (847•566-3234) No later than noon of the Sunday prior to the All Conference meeting.
- d. A complete ballot will be faxed back to all head coaches by noon of the Monday prior to the All Conference Meeting.
- e. Every head coach will rate players by position assigning points from highest to lowest. (For example, there are 02 all conference Quarterback's so every coach would give 02 points to the most deserving Quarterback and 1 point to the second choice. For Defensive Backs we have 08 so the most deserving would be assigned 08 points on down to 01 point for the eighth).
- f. A coach may not vote for his player.
- g. If a player receives any votes he would automatically be placed in the "At Large" category to be voted on at the end of the meeting.
- h. Any ties would have to be voted off to keep our total number at 60.
- i. The following special selections will also be named:
 - Player of the Year
 - Offensive Player of the Year
 - Defensive Player of the Year
 - Offensive Lineman of the Year
 - Defensive Lineman of the Year

Selection of All-Conference players will be done at the special meeting to take place on the Sunday following the last scheduled game.

The Football meeting will be held on Sunday, October 22, 2006.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

The Conference Secretary is responsible to publish the boys Football All Conference team.

There will be a copy of the boys Football All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

Section 15 – Special Post Season Conference Awards

Excellence in boys Football will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Football coaches of the Conference.

The Most Valuable Player of the conference in boys Football will be the individual that will be the individual that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in boys Football will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Football.

CONFERENCE BOYS FOOTBALL SPECIFIC RULES

Section 16 - Length of Contests

Freshman Football contests are to be played with ten-minute quarters.

Sophomore and Junior Varsity Football contests are to be played with ten-minute quarters.

Varsity Football contests are to be played with twelve-minute quarters.

Section 17 - Uniform

The home team shall wear dark or colored jerseys, while the visiting team shall wear white or light colored jerseys unless otherwise agreed upon.

Section 18 - Game Ball

There is no official conference football. It should be noted that the Illinois High School Association mandates the use of a Wilson football in all playoff Contests.

Section 19 - Extraordinary Assistants

Schools shall attempt to have a qualified doctor or medical personnel in attendance at sophomore and varsity boys Football contests.

The timing, scoring, and announcing positions at sophomore and varsity boys Football contests will be handled by adults.

An adult is defined as a member of the school's staff, when possible, or as parents, responsible alumni, or capable associates, when the need arises.

Exceptions to this would be if the home team rents the playing facility and has no control over the persons running the above positions.

An adult is defined as a member of the school's staff, when possible, or parents, responsible alumni, or capable associates, if the need arises.

The downs marker and chain crew should be trained adult personnel provided for the sophomore and varsity games by the home school.

The chain crew should operate the entire game from the side of the field opposite the press box.

Section 20 - Incomplete Contests

Varsity, sophomore, and freshman tie contests will be broken according to the accepted tiebreak plan as designated by the Illinois High School Association.

Section 21 - Tie Break Method

The method used to break ties and determine the Conference Champion will be as follows:

- Head to head competition result;
- Adding the total number of wins by all of the schools' opponents; the school with the most opponent wins will receive the berth;
- If there is still a tie, only the wins of each opponent beaten by the one or more than one tied team will be added, and the school with the most wins by a beaten opponent will receive the championship;
- Only the wins of each opponent to beat a tied team will be added, and the berth will go to the school having lost to the opponent (s) with the most wins;
- Should none of the previous steps determine the team to fill any remaining position (championship or at-large, the final step would be a flip of the coin arranged by the secretary of the Conference.

(Determined: May 24, 1990)

(Approved: Board of Control - November, 1990).

Section 22 - Video Exchange

- Video exchange shall be conducted in accordance with the sequence below:

For game 1, exchange the last game played of the previous season

For game 2, exchange game 1

For game 3, exchange game 1

For game 4, exchange games 1 and 2

For game 5, exchange games 2 and 3

For game 6, exchange games 3 and 4

For game 7, exchange games 4 and 5

For game 8, exchange games 5 and 6

For game 9, exchange games 6 and 7

This format is a minimum. Other arrangements can be made if agreed upon with coaches.

- If a video is deemed "undesirable" the opposing school may pick an alternate.

- Video crews should try to show score board after every play or verbally give down, distance and yard line after every play.
- The exchange film must be your video crew's game film.
- Video exchange must be made before 12:00 Noon Sunday of the scheduled contest.

Article 07 – Boys Golf

CONFERENCE BOYS GOLF COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Golf head coaches are required to attend a pre-season organizational meeting to be attended by all Fall sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Joseph High School on Sunday, August 20, 2006. The Fall pre-season meeting will begin at 10:00 am.

Section 5 – Tournament Post Season Meeting

The boys Golf tournament and post season meeting is scheduled for Thursday, September 28, 2006.

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and meet results will be kept in boys Golf for the freshman-sophomore and varsity levels of competition.

Team standings and meet results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each meet result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

Section 7 – Conference Meet Results

Official Conference Meet results will be kept in boys Golf for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boys Golf will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for boys Golf.

The host school administrator should contact the website host for the presentation format for boys Golf.

CONFERENCE BOYS GOLF ADMINISTRATION

Section 8 – Scheduling

Scheduling of boys Golf will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman-sophomore and varsity teams will play a round robin.

Conference meets will be scheduled on Mondays, Wednesdays, and Thursdays, unless mutually agreed upon by the competing schools.

Section 9 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in boys Golf shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Golf may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Golf may not compete against a single school on more than one level of competition per conference scheduling period.

Section 10 – Starting Times

The recommended starting time is 03:30 pm for all Conference Golf dual meet competition.

CONFERENCE BOYS GOLF HONORS

Section 11 - Championships

The championship shall be determined by a combination of points resulting from the final standings of scheduled dual meets and from the final standings of the Conference meet.

In the standings for the dual meet competition the following point system will be used:

First Place	10 Points
Second Place	09 Points
Third Place	08 Points
Fourth Place	07 Points
Fifth Place	06 Points
Sixth Place	05 Points
Seventh Place	04 Points
Eighth Place	03 Points
Ninth Place	02 Points
Tenth Place	01 Point

In the event of ties, the available points are shared.

In the standings for the conference tournament competition the following point system will be used:

First Place	12 Points
Second Place	10 Points
Third Place	09 Points
Fourth Place	08 Points
Fifth Place	07 Points
Sixth Place	06 Points
Seventh Place	05 Points
Eighth Place	04 Points
Ninth Place	03 Points
Tenth Place	02 Points

In the event of ties, the available points are shared.

Precedent has been established to use the conference tournament participation as a make up for any dual meet competition that might not have been completed during the regular season. The first nine holes of the conference tournament will be used for dual meet competition.

Section 12 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the results of the Conference dual meet standings and the results of the Conference meet.

Section 13 – Individual Awards

Individual medals shall be awarded to the first fifteen (15) varsity boy's medalists and to the first fifteen (15) freshman-sophomore boy's medalists according to their Conference Meet finish.

Section 14 – Special Post Season Conference Awards

Excellence in boys Golf will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Golf coaches of the Conference.

Criteria will need to be developed in the 2006-07 school year for the Player of the Year recognition in boys Golf.

Criteria will need to be developed in the 2006-07 school year for the Coach of the Year recognition in boys Golf.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Golf.

CONFERENCE BOYS GOLF SPECIFIC RULES

Section 15 - Conference Meet

The Conference Golf meet shall be held on the Thursday before the Illinois High School Association Regional Meet.

The place and time of the meet for the Conference championship will be determined by agreement of the Athletic Directors each year, and the designated tournament host school of the Conference by rotation will conduct the meet.

A rules committee composed of the local golf pro from the host course and two coaches will administer the meet.

It is recommended that one of the two coaches be from the host school of the meet, and the other coach be from next year's host school.

In the case of individual ties at the Conference Championship Meet, scores will be taken from the most difficult hole on the course.

In the event that a tie still exists, scores will continue to be compared from the remaining most difficult holes until the tie is broken. There will not be a playoff.

The number of contestants from each school entered in both the varsity and the freshman-sophomore Conference meets shall be determined by the Illinois High School Association rule during that year.

Section 16 - Meet Protocol

During any officially designated East Suburban Catholic Conference Golf dual meet or tournament, member school coaches:

- a. will not play golf during the match;
- b. will marshal the field of play;
- c. will enforce the accepted rules;
- d. will not coach the athletes during play;
- e. may only speak to players between the green and the tee.

Article 8 - Girls Golf

CONFERENCE GIRLS GOLF COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

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- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
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- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity girls Golf head coaches are required to attend a pre-season organizational meeting to be attended by all Fall sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Joseph High School on Sunday, August 20, 2006. The Fall pre-season meeting will begin at 10:00 am.

Section 5 – Tournament Post Season Meeting

The girls Golf tournament and post season meeting is scheduled for Thursday, September 28, 2006.

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and meet results will be kept in girls Golf for the varsity level of competition.

Team standings and meet results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the varsity level to FAX each meet result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

CONFERENCE GIRLS GOLF HONORS

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

Section 7 – Conference Meet Results

Official Conference Meet results will be kept in girls Golf for the varsity level of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in girls Golf will be responsible to publish the results for the varsity level of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the varsity level of competition for girls Golf.

The host school administrator should contact the website host for the presentation format for girls Golf.

CONFERENCE GIRLS GOLF ADMINISTRATION

Section 8 – Scheduling

Scheduling of girls Golf will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The varsity team will play a round robin.

Section 9 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Varsity level competition in girls Golf may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Golf may not compete against a single school on more than one level of competition per conference scheduling period.

Section 10 – Starting Times

The recommended starting time is 04:00 pm for all Conference girls Golf dual meet competition.

Section 11 - Championships

The championship shall be determined by a combination of points resulting from the final standings of scheduled dual meets and from the final standings of the Conference meet.

In the standings for the dual meet competition the following point system will be used:

First Place	10 Points
Second Place	09 Points
Third Place	08 Points
Fourth Place	07 Points
Fifth Place	06 Points
Sixth Place	05 Points
Seventh Place	04 Points
Eighth Place	03 Points
Ninth Place	02 Points
Tenth Place	01 Point

In the event of ties, the available points are shared.

In the standings for the conference tournament competition the following point system will be used:

First Place	12 Points
Second Place	10 Points
Third Place	09 Points
Fourth Place	08 Points
Fifth Place	07 Points
Sixth Place	06 Points
Seventh Place	05 Points
Eighth Place	04 Points
Ninth Place	03 Points
Tenth Place	02 Points

In the event of ties, the available points are shared.

Precedent has been established to use the conference tournament participation as a make up for any dual meet competition that might not have been completed during the regular season. The first nine holes of the conference tournament will be used for dual meet competition.

Section 12 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the varsity level according to the results of the Conference dual meet standings and the results of the Conference meet.

Section 13 – Individual Awards

Individual medals shall be awarded to the first fourteen (14) varsity girls medalists according to their Conference Meet finish.

Section 14 – Special Post Season Conference Awards

Excellence in girls Golf will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Golf coaches of the Conference.

Criteria will need to be developed in the 2006-07 school year for the Player of the Year recognition in girls Golf.

Criteria will need to be developed in the 2006-07 school year for the Coach of the Year recognition in girls Golf.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Golf.

CONFERENCE GIRLS GOLF SPECIFIC RULES

Section 15 - Conference Meet

The Conference Golf meet shall be held on the Thursday before the Illinois High School Association Regional Meet.

The place and time of the meet for the Conference championship will be determined by agreement of the Athletic Directors each year, and the designated tournament host school of the Conference by rotation will conduct the meet.

A rules committee composed of the local golf pro from the host course and two coaches will administer the meet.

It is recommended that one of the two coaches be from the host school of the meet, and the other coach be from next year's host school.

In the case of individual ties at the Conference Championship Meet, scores will be taken from the most difficult hole on the course.

In the event that a tie still exists, scores will continue to be compared from the remaining most difficult holes until the tie is broken. There will not be a playoff.

The number of contestants from each school entered in the varsity Conference Meet shall be determined by the Illinois High School Association rule during that year.

Eight players shall be designated for competition from each school and the four low scores will be used to score the meet. Ties will be broken using the fifth players score.

Section 16 - Meet Protocol

During any officially designated East Suburban Catholic Conference Golf dual meet or tournament, member school coaches:

- a. will not play golf during the match;
- b. will marshal the field of play;
- c. will enforce the accepted rules;
- d. will not coach the athletes during play;
- e. may only speak to players between the green and the tee.

Article 9 - Boys Soccer

CONFERENCE BOYS SOCCER COMMUNICATION

Section 1 – Website

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Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

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The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Soccer head coaches are required to attend a pre-season organizational meeting to be attended by all Fall sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Joseph High School on Sunday, August 20, 2006. The Fall pre-season meeting will begin at 10:00 am.

Section 5 – All Conference Selection Meeting

The boys Soccer All Conference and post season meeting will be held on Sunday, October 22, 2006.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and game results will be kept in boys Soccer for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

CONFERENCE BOYS SOCCER ADMINISTRATION

Section 7 – Scheduling

Scheduling of boys Soccer will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman, sophomore, and varsity teams will play a round robin. The schedule for contests shall be determined by the Conference.

The sequence of home and away contests will alternate on a yearly basis.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Soccer shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in boys Soccer shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Soccer may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Soccer may not compete against a single school on more than one level of competition per conference scheduling period.

Section 9 - Starting Times

The recommended starting time is 04:30 pm for all boys Soccer competition on weekdays.

The recommended starting time is 12:00 pm for all boys Soccer competition on Saturday.

Section 10 - Officials

Three Illinois High School Association officials are to be contracted for a varsity boys Soccer contest.

If only two officials are available, the contest is to be played.

Two Illinois High School Association officials are to be contracted for a sophomore boys Soccer contest.

If only one official is available, the contest is to be played.

Two Illinois High School Association officials are to be contracted for a freshman boys Soccer contest.

If only one official is available, the contest is to be played.

Section 11 - School Information

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Soccer Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Boys Soccer Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

CONFERENCE BOYS SOCCER HONORS

Section 12 - Championships

Championships in freshman, sophomore, and varsity boys Soccer will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

Section 13 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the Conference standings.

Section 14 - All-Conference

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in boys Soccer.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for boys Soccer shall be determined by the Athletic Directors and has been set at thirty (30).

ALL CONFERENCE TEAM SELECTION PROCEDURES

- a. Each conference head coach may nominate individuals according to the conference finish order. The following nomination totals can be made:

First Place Team – Seven Nominations
Second Place Team – Six Nominations
Third Place Team – Four Nominations
Fourth Place Team – Three Nominations
Fifth Place Team – Three Nominations
Sixth Place Team – Two Nominations
Seventh Place Team – Two Nominations
Eighth Place Team – One Nomination
Ninth Place Team – One Nomination
Tenth Place Team – One Nomination

- b. Conference coaches will select a “Player of the Year.”
- c. Conference coaches will select a “Coach of the Year.”

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The boys Soccer meeting is scheduled for Sunday, October 22, 2006.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and will begin at 10:00 am.

The Conference Secretary is responsible to publish the boys Soccer All Conference team.

There will be a copy of the boys Soccer All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

Section 15 – Special Post Season Conference Awards

Excellence in boys Soccer will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Soccer coaches of the Conference.

The Most Valuable Player of the conference in boys Soccer will be the individual that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in boys Soccer will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Soccer.

CONFERENCE BOYS SOCCER SPECIFIC RULES

Section 16 - Length of Contests

Length of contests shall be two forty minute halves for the varsity and two thirty five minute halves for the sophomore and freshman.

In the event the score is tied at the end of regulation time, at the varsity level only, two five minute, sudden victory overtime periods are played.

If a tie results at the end of the overtime periods, then the contest will conclude at that point.

No tiebreakers of any kind are allowed at the sophomore or freshman levels.

Section 17 - Uniforms

The home team shall wear white jerseys, and the visiting team shall wear dark jerseys.

Section 18 - Game Ball

The official Conference Soccer ball will follow the State or Illinois High School Association regulations.

Section 19 - Incomplete Contests

In the event a contest must be suspended because of conditions that make it impossible to play, the referee shall declare it an official contest if one complete half or more of the contest has been played.

If less than .5 of the contest has been played, the contest must be rescheduled.

Wins are considered two points and ties, one point, for Conference standings.

Article 10 - Girls Soccer

CONFERENCE GIRLS SOCCER COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity girls Soccer head coaches are required to attend a pre-season organizational meeting to be attended by all Spring sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Viator High School on Tuesday, February 13, 2007. The Spring pre-season meeting will begin at 07:00 pm.

Section 5 – All Conference Selection Meeting

The girls Soccer All Conference and post season meeting will be held on Sunday, May 20, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and game results will be kept in girls Soccer for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

CONFERENCE GIRLS SOCCER ADMINISTRATION

Section 7 – Scheduling

Scheduling of girls Soccer will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The sophomore and varsity teams will play a single round robin. The schedule for contests shall be determined by the Conference.

The sequence of home and away contests will alternate on a yearly basis.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in girls Soccer shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in girls Soccer shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in girls Soccer may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Soccer may not compete against a single school on more than one level of competition per conference scheduling period.

Section 9 - Starting Times

The recommended starting time is 04:30 pm for all girls Soccer competition on weekdays.

The recommended starting time is 12:00 pm for all girls Soccer competition on Saturday.

Section 10 - Officials

Three Illinois High School Association officials are to be contracted for a varsity girls Soccer contest.

If only two officials are available, the contest is to be played.

Two Illinois High School Association officials are to be contracted for a sophomore girls Soccer contest.

If only one official is available, the contest is to be played.

Two Illinois High School Association officials are to be contracted for a freshman girls Soccer contest.

If only one official is available, the contest is to be played.

Section 11 - School Information

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Girls Soccer Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Girls Soccer Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

CONFERENCE GIRLS SOCCER HONORS

Section 12 - Championships

Championships in freshman-sophomore and varsity girls Soccer will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

Section 13 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the Conference standings.

Section 14 - All-Conference

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in girls Soccer.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for girls Soccer shall be determined by the Athletic Directors and has been set at thirty (30).

ALL CONFERENCE TEAM SELECTION PROCEDURES

- d. Each conference head coach may nominate individuals according to the conference finish order. The following nomination totals can be made:

First Place Team – Seven Nominations
Second Place Team – Six Nominations
Third Place Team – Four Nominations
Fourth Place Team – Three Nominations
Fifth Place Team – Three Nominations
Sixth Place Team – Two Nominations
Seventh Place Team – Two Nominations
Eighth Place Team – One Nomination
Ninth Place Team – One Nomination
Tenth Place Team – One Nomination

- e. Conference coaches will select a “Player of the Year.”
- f. Conference coaches will select a “Coach of the Year.”

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The girls Soccer meeting is scheduled for Sunday, May 20, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and will begin at 10:00 am.

The Conference Secretary is responsible to publish the girls Basketball All Conference team.

There will be a copy of the boys girls All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

Section 15 – Special Post Season Conference Awards

Excellence in girls Soccer will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Soccer coaches of the Conference.

The Most Valuable Player of the conference in girls Soccer will be the individual that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in girls Soccer will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Soccer.

CONFERENCE GIRLS SOCCER SPECIFIC RULES

Section 16 - Length of Contests

Length of contests shall be two forty minute halves for the varsity and two thirty five minute halves for the sophomore.

In the event the score is tied at the end of regulation time, at the varsity level only, two five minute, sudden victory overtime periods are played.

If a tie results at the end of the overtime periods, then the contest will conclude at that point.

In the event an eight goal differential presents itself during an individual contest, a running clock will exist for the remainder of the contest.

There will be only an eight goal differential reported to any media outlet as a result of a running clock contest. All individual goals scored will be counted toward the individual scoring totals.

No tiebreakers of any kind are allowed at the sophomore or freshman levels.

Section 17 - Uniforms

The home team shall wear white jerseys, and the visiting team shall wear dark jerseys.

Section 18 - Game Ball

The official Conference Soccer ball will follow the State or Illinois High School Association regulations.

Section 19 - Incomplete Contests

In the event a game must be suspended because of conditions, which make it impossible to play, the referee shall declare it an official contest if one complete half or more of the contest has been played.

If less than .5 of the contest has been played, the contest must be rescheduled.

Wins are considered two points and ties, one point, for Conference standings.

Article 11 – Girls Softball

CONFERENCE GIRLS SOFTBALL COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
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- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
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- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity girls Softball head coaches are required to attend a pre-season organizational meeting to be attended by all Spring sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Viator High School on Tuesday, February 13, 2007. The Spring pre-season meeting will begin at 07:00 pm.

Section 5 – All Conference Selection Meeting

The girls Softball All Conference and post season meeting will be held on Sunday, May 20, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and game results will be kept in girls Softball for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

CONFERENCE GIRLS SOFTBALL ADMINISTRATION

Section 7 – Scheduling

Scheduling of girls Softball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The schedule will be a double round robin, set by counting backward from the Monday of the Regional Tournament.

Scheduled contests may be changed by agreement of the Athletic Directors in the event of conflicts with national tests, proms, etc

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in girls Softball shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in girls Softball shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in girls Softball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Softball may not compete against a single school on more than one level of competition per conference scheduling period.

Section 9 - Starting Times

The recommended starting time is 04:30 pm for all Softball competition on weekdays.

The recommended starting time is 11:00 am for all Softball competition on Saturday.

A ten to fifteen minute warm up is required for the visiting team.

Section 10 - Officials

Two Illinois High School Association umpires are to be contracted for a varsity girls Softball contest.

If only one umpire is available, the contest is to be played.

Two Illinois High School Association umpires are to be contracted for the freshman and sophomore girls Softball contests.

If only one umpire is available, the contest is to be played.

Section 11 - School Information

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Girls Softball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Girls Softball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

CONFERENCE GIRLS SOFTBALL HONORS

Section 12 - Championships

Championships in freshman-sophomore and varsity girls Softball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

Section 13 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the Conference standings.

Section 14 - All-Conference

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in Softball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for Softball shall be determined by the Athletic Directors and has been set at twenty-seven (27).

ALL CONFERENCE TEAM SELECTION PROCEDURES

- a. Only the head coach (or representative, in case of emergency) will attend. If a school has no representative, its' nominations shall be withdrawn.
- b. The squad consists of the following 27 players:
 - 5 pitchers
 - 2 catchers

- 10 infielders
- 7 outfielders
- 3 at-large

Positions shall be voted for in the above listed order.

- c. At-Large: Individuals not selected as an all-conference position player. All nominated individuals not selected will be voted on for an at-large selection.
- d. ~~Designated Hitter – The qualifications of designated hitter require a minimum of two plate appearances per conference team game played.~~
All Conference nominations must have at least 30 plate appearances;
- e. Nomination Procedure
 1. Standardized forms will be sent out and returned one week before the scheduled all-conference meeting.
 2. Coaches shall nominate only their players by position.
 3. Nominations can be withdrawn at the meeting, but no players can be added.
 4. Nominees must have played half of the games at the nominated position (excluding pitchers).
- f. Preparation of Nominee Statistics
 1. Stats must be filed out before the meeting
 2. Nine copies made and brought to the meeting
 3. Stats of conference games only.
- g. Method of Voting
 1. Nominations will be written on board by positions before to meeting begins.
 2. Presentation of statistics will be in alphabetical order of schools for each position, with schools rotating after each position.
 3. Voting tally will be in alphabetical order of schools with rotation after each position.
 4. Voting will be written on paper, signed, and read by chairperson with identification of voter given. A coach CANNOT vote for their player.
 5. Votes will have numerical value according to the number to be rotated on team from that position.
 6. Once a player is voted on the team, that player cannot be voted to another position.
- h. All ties stand as voted
- i. All State or All-Area selection (continue rotation)
 1. Only all-conference selections eligible;
 2. Coaches cannot make nomination for any player;
 3. Oral vote (numerical order)
 4. Number agreed upon by coaches will be pushed for All-State consideration;
 5. All ties stand;
 6. Coaches vote for all players.

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The Softball meeting is scheduled for Sunday, May 20, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and will begin at 10:00 am.

The Conference Secretary is responsible to publish the girls Softball All Conference team.

There will be a copy of the girls Softball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

Section 15 – Special Post Season Conference Awards

Excellence in girls Softball will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Softball coaches of the Conference.

Criteria will need to be developed in the 2006-07 school year for the Player of the Year recognition in girls Softball.

Criteria will need to be developed in the 2006-07 school year for the Coach of the Year recognition in girls Softball.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Softball.

CONFERENCE GIRLS SOFTBALL SPECIFIC RULES

Section 16 - Incomplete Contests

All varsity tie contests will be replayed as newly scheduled contests.

All varsity partially played contests, except contests in the 4.5 or 5 inning rules, will be replayed as newly scheduled contests.

Freshman-sophomore regulation tie contests will be determined on a .5 won and .5 loss basis in the standings and will not be replayed.

All freshman-sophomore non-regulation tied or partially played contests will be replayed in their entirety.

All freshman-sophomore regulation incomplete contests will not be replayed. The winner in this last case will be the team leading at the end of the last complete inning when the contest was called.

Section 17 - Postponed Contests

The decision about playing when weather and ground conditions are doubtful rests on the judgment of the host school until the umpire takes charge of the contest. Postponed contests are to be played the next day, if possible.

If contests are continually postponed, the Athletic Directors should reschedule them in the order of postponement as set. State Tournament contests take preference over scheduled Conference contests.

Conference teams are required to complete their conference schedule, but if continued postponements are late in season, these teams need not play when mutually agreed upon unless any game has a bearing on the Conference Championship.

Section 18 - Game Ball

Any official top grade softball is to be used with a minimum of three softballs per game.

Article 12 - Boys Tennis

CONFERENCE BOYS TENNIS COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

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- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
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- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
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- Link to the NCAA Clearinghouse;
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- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Tennis head coaches are required to attend a pre-season organizational meeting to be attended by all Spring sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Viator High School on Tuesday, February 13, 2007. The Spring pre-season meeting will begin at 07:00 pm.

Section 5 – Tournament Post Season Meeting

The boys Tennis tournament and post season meeting is scheduled for the following dates

- Wednesday, May 09, 2007 (Seed);
- Thursday, May 10, 2007 (Varsity);
- Friday, May 11, 2007 (Freshman-Sophomore);
- Saturday, May 12, 2007 (Freshman-Sophomore and Varsity).

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and match results will be kept in boys Tennis for the freshman-sophomore and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman-sophomore and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

Section 7 – Conference Meet Results

Official Conference Meet results will be kept in boys Tennis for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boys Tennis will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for boys Tennis.

The host school administrator should contact the website host for the presentation format for boys Tennis.

CONFERENCE BOYS TENNIS ADMINISTRATION

Section 8 – Scheduling

Scheduling of boys Tennis will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman-sophomore and varsity teams will play a round robin schedule with the Conference schedule to begin week 40.

Section 9 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in boys Tennis shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Tennis may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Tennis may not compete against a single school on more than one level of competition per conference scheduling period.

Section 10 – Starting Times

The recommended starting time is 04:30 pm for all boys conference Tennis dual meet competition.

CONFERENCE BOYS TENNIS HONORS

Section 11 - Championships

The championships shall be determined by a combination of points resulting from the final standings of scheduled dual meets and from the final standing of the Conference meet.

Dual meet scoring shall allow one point for each match won. These points will be used in the determination of the league standings.

The maximum number of points for dual match competition will be five times the number of teams competed against in the Conference.

The tournament points will be determined according to the prescribed formulation.

Maximum tournament points that can be scored by a team are twenty.

Section 12 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the Conference standings and the results of the Conference meet.

Section 13 – Individual Awards

Twenty-two individual medals shall be awarded to meet placers at the freshman-sophomore and varsity levels as follows:

- ❖ First Singles
 - First Place
 - Second Place
 - Third Place
- ❖ Second Singles
 - First Place
 - Second Place
 - Third Place
- ❖ First Doubles
 - First Place
 - Second Place
 - Third Place
- ❖ Second Doubles
 - First Place
 - Second Place
 - Third Place
- ❖ Third Doubles
 - First Place
 - Second Place

Section 14 – Special Post Season Conference Awards

Excellence in boys Tennis will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Tennis coaches of the Conference.

The Player of the Year of the Conference in boys Tennis will be the individual that receives the highest number of votes after nomination.

The Coach of the Year of the Conference in boys Tennis will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Tennis.

CONFERENCE BOYS TENNIS SPECIFIC RULES

Section 15 - Regular Season Play

Each Conference team will play the other nine teams once in dual meet matches.

Each team will play two singles and three doubles matches on each level in the dual meets. These will be played on the same day. If existing conditions dictate that a school not enters a full team for competition in a Conference dual meet, the opposing coach must be called at least one day prior to the match.

Dual conference matches will be scheduled on Tuesday and Thursday.

Rained-out matches must be rescheduled by the teams involved and should be played by the Wednesday before the East Suburban Catholic Conference Tennis tournament.

A ten-minute warm up period is usual. All practice serves should be taken during this time.

The players will dress appropriately for Tennis play.

Team line-ups should be exchanged before the match. The guiding rule will be: "make the team as strong as you can without moving anyone downward."

The Varsity will use regulation scoring and play the best two of three sets.

The freshman-sophomore will use no-ad scoring and play the best two of three sets.

If the score in a set reaches six all, the twelve-point tiebreaker will be used.

The Illinois High School Association Point Penalty System will be in effect during all Conference matches and also during the Conference tournament. The home coach will give the warning before the match, or at the beginning of the tournament.

Section 16 - East Suburban Catholic Conference Tennis Tournament

The East Suburban Catholic Conference boys Tennis tournament will be held on the weekend before the Illinois High School Association boy's Sectional tournament

The place and time of the Conference Meet will be determined by agreement of the Athletic Directors each year.

The East Suburban Catholic Conference Tennis tournament will be set up with brackets for First and Second Singles, and First, Second, and Third Doubles. The seeding and draw for the freshman-sophomore and varsity levels will be done on the Wednesday before the Conference tournament begins. To be seeded in the Conference tournament unless a vote by the coaches is taken:

At SINGLES (first or second)

A player must have played a minimum of five matches at that position in the dual matches all on the same level. (Freshman-sophomore or varsity).

At DOUBLES (first or second)

Each team must consist of two players that have played a minimum of five matches at that position (as a team) in the dual matches, all on the same level. (Freshman-sophomore or varsity).

There are no restrictions for third DOUBLES.

Any freshman or sophomore who has played in five matches on the varsity level must compete on the varsity level in the Conference tournament. In case of injury or illness, the coach should replace the injured or ill player (s) as accurately and ethically as possible according to the athlete's physical abilities in order to keep the varsity team as strong as possible.

Tournament points will be scored as follows:

4 Points	First Place
3 Points	Second Place
2.5 Points	Third Place
2 Points	Fourth Place
1 Point	*In First Round Match

*A Bye will only be awarded a first round point if the player wins his first match.

The following tournament bracket will be used:

1. #1 Seed
2. Bye
- 3.
4. Bye
5. #4 Seed
6. Bye
- 7.
- 8.
- 9.
- 10.
11. Bye
12. #3 Seed
13. Bye
- 14.
15. Bye
16. #2 Seed

Players at positions 3, 7, 8, 9, 10, and 14 will be selected as a blind draw after the four seeded players are selected. No more than four players or teams can be seeded at each position.

The winner of the East Suburban Catholic Conference Tennis championship will be determined by the addition of the dual match points and the tournament points. The maximum will be sixty points.

Article 13 - Girls Tennis

CONFERENCE GIRLS TENNIS COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity girls Tennis head coaches are required to attend a pre-season organizational meeting to be attended by all Fall sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Joseph High School on Sunday, August 20, 2006. The Fall pre-season meeting will begin at 10:00 am.

Section 5 – Tournament Post Season Meeting

The girls Tennis tournament and post season meeting is scheduled for the following dates

- Wednesday, October 04, 2006 (Seed);
- Friday, October 06, 2006 (Freshman-Sophomore and Varsity);
- Saturday, October 06, 2006 (Freshman-Sophomore and Varsity).

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and match results will be kept in girls Tennis for the freshman-sophomore and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman-sophomore and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman-sophomore and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

Section 7 – Conference Meet Results

Official Conference Meet results will be kept in girls Tennis for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in girls Tennis will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for girls Tennis.

The host school administrator should contact the website host for the presentation format for girls Tennis.

CONFERENCE GIRLS TENNIS ADMINISTRATION

Section 8 – Scheduling

Scheduling of girls Tennis will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The freshman-sophomore and varsity teams will play a single round robin.

Section 9 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in girls Tennis shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in girls Tennis may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Tennis may not compete against a single school on more than one level of competition per conference scheduling period.

Section 10 – Starting Times

The recommended starting time is 15 minutes after the visiting team arrives for all girls Conference Tennis dual meet competition.

CONFERENCE GIRLS TENNIS HONORS

Section 11 - Championships

The championships shall be determined by a combination of points resulting from the final standings of scheduled dual meets and from the final standing of the Conference meet.

Dual meet scoring shall allow one point for each match won (five (05) total points per meet). These points will be used in the determination of the league standings.

The maximum dual meet points that can be scored by a team are forty-five (45). The tournament points will be scored as follows:

Tournament points will be scored as follows:

9 Points	First Place
8 Points	Second Place
7 Points	Third Place
6 Points	Fourth Place
2 Point	*In First Round Match

Maximum tournament points that can be scored by a team are forty five.

Section 12 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according to the Conference standings and the results of the Conference meet.

Section 13 – Individual Awards

Twenty-two individual medals shall be awarded to meet placers at the freshman-sophomore and varsity levels as follows:

- ❖ First Singles
 - First Place
 - Second Place
 - Third Place
- ❖ Second Singles
 - First Place
 - Second Place
 - Third Place
- ❖ First Doubles
 - First Place
 - Second Place
 - Third Place
- ❖ Second Doubles
 - First Place
 - Second Place
 - Third Place
- ❖ Third Doubles
 - First Place
 - Second Place

Section 14 – Special Post Season Conference Awards

Excellence in girls Tennis will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Tennis coaches of the Conference.

Criteria will need to be developed in the 2006-07 school year for the Player of the Year recognition in girls Tennis.

Criteria will need to be developed in the 2006-07 school year for the Coach of the Year recognition in girls Tennis.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Tennis.

CONFERENCE GIRLS TENNIS SPECIFIC RULES

Section 15 - Regular Season Play

Each Conference team will play the other nine teams once in dual meet matches.

Each team will play four or five home matches and four or five away matches according to the approved schedule.

Each team will play two singles and three doubles matches on each level in the dual meets. These will be played on the same day at opposite sites.

If a school is not going to enter a full team for competition in a Conference dual meet, the opposing coach should call as soon as that information is available.

Rained out matches must be rescheduled by the teams involved and should be played by the Wednesday before the East Suburban Catholic Conference Tennis tournament.

A ten-minute warm up period is usual. All practice serves should be taken during this time.

The players will dress appropriately for Tennis play.

Team lineups should be exchanged before the match. The guiding rule will be: "make the team as strong as you can without moving anyone downward."

The freshman-sophomore and varsity will use regulation scoring and play the best two of three sets. If a team arrives late and darkness becomes a factor, no – ad scoring will be used if both coaches agree.

If the score in a set reaches six all, the twelve-point tiebreaker will be used.

The Illinois High School Association Point Penalty System will be in effect during all conference matches and also during the conference tournament. The home coach will give the warning before the match, or at the beginning of the tournament.

The Illinois High School Association policy on coaching will be in effect.

All other Illinois High School Association and United States Tennis Association rules, regulations, and guidelines will apply.

Section 16 - East Suburban Catholic Conference Tennis Tournament

The East Suburban Catholic Conference girls Tennis tournament will be held on the weekend before the Illinois High School Association girls Sectional tournament

The place and time of the Conference meet will be determined by agreement of the Athletic Directors each year.

The East Suburban Catholic Conference Tennis tournament will be set up with brackets for First and Second Singles, and First, Second, and Third Doubles. The seeding and draw for the freshman-sophomore and varsity levels will be done on the Wednesday before the Conference tournament begins.

To be seeded in the Conference tournament unless a vote by the coaches is taken:

At SINGLES (first or second)

A player must have played a minimum of five matches at that position in the dual matches all on the same level. (Freshman-sophomore or varsity).

At DOUBLES (first or second)

Each team must consist of two players that have played a minimum of five matches at that position (as a team) in the dual matches, all on the same level. (Freshman-sophomore or varsity).

There are no restrictions for third DOUBLES.

Any freshman or sophomore who has played in five matches on the varsity level must compete on the varsity level in the Conference tournament. In case of injury or illness, the coach should replace the injured or ill player (s) as accurately and ethically as possible according to the athlete's physical abilities in order to keep the varsity team as strong as possible.

Tournament points will be scored as follows:

9 Points	First Place
8 Points	Second Place
7 Points	Third Place
6 Points	Fourth Place
2 Point	*In First Round Match

The following tournament bracket will be used:

1. #1 or #2 Seed
2. Bye
- 3.
- 4.
5. #3 or #4 Seed
6. Bye
- 7.
- 8.
9. Bye
- 10.
11. Bye
12. #3 or #4 Seed
- 13.
- 14.
15. Bye
16. #1 or #2 Seed

Players at positions 3, 4, 7, 8, 10, 13, and 14 will be selected as a blind draw after the four seeded players are selected. No more than four players or teams can be seeded at each position.

The winner of the girls East Suburban Catholic Conference Tennis championship will be determined by the addition of the dual match points and the tournament points. The maximum will be sixty-five (65) points.

Article 14 - Boys Track and Field

CONFERENCE BOYS TRACK AND FIELD COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
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- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
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- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Track and Field head coaches are required to attend a pre-season organizational meeting to be attended by all Spring sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Viator High School on Tuesday, February 13, 2007. The Spring pre-season meeting will begin at 07:00 pm.

Section 5 – Tournament Post Season Meeting

The boys' Track and Field tournament and post season meeting is scheduled for the following dates

- Thursday, May 10, 2007 (Seed);
- Saturday, May 12, 2007 (Freshman-Sophomore and Varsity).

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

Section 6 – Conference Meet Results

Official Conference Meet results will be kept in boys Track and Field for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boys Track and Field will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those

results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for boys Track and Field.

The host school administrator should contact the website host for the presentation format for boys Track and Field.

CONFERENCE BOYS TRACK AND FIELD ADMINISTRATION

Section 7 – Scheduling

Scheduling of boys Track and Field will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The boys schools will compete on both the freshman-sophomore and varsity levels in a round-robin schedule.

Three or four teams will be scheduled to compete in a meet.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in boys Track and Field shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Track and Field may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Track and Field may not compete against a single school on more than one level of competition per conference scheduling period.

Section 9 – Starting Times

The recommended starting time is 04:30 pm for all boys conference Track and Field dual meet competition.

CONFERENCE BOYS TRACK AND FIELD HONORS

Section 10 - Championships

The champion named in boy's varsity Track and Field will be the school that totals the most points at the Conference Track and Field meet.

The champion named in boys sophomore Track and Field will be the school that totals the most points at the Conference Track and Field meet.

In case of any ties, co-champions are recognized.

Section 11 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman-sophomore and varsity levels according results of the Conference meet.

Section 12 – Individual Awards

Individual medals shall be given to the first, second, and third place winners in each freshman-sophomore and varsity event.

Ribbons shall be given to the fourth, fifth, and sixth place winners in each freshman-sophomore and varsity event.

Section 13 – Special Post Season Conference Awards

Excellence in boys Track and Field will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year for boy's Track and Field will follow this process. At the coach's seed meeting for the East Suburban Catholic Conference boy's Track and Field Championship meet, each coach will nominate one athlete from their team to be considered as the Athlete of the Year. Coaches will turn in their vote to the meet administrator by the end of the East Suburban Catholic Conference meet. Although the award will be titled Athlete of the Year, the coaches will actually be selecting an athlete of the meet.

The criteria for the selection of the Coach of the Year will follow this process. Each varsity boy's Track and Field head coach will also list the name of his selection for the Coach of the Year. This name will be submitted along with the ballot for the boys Player of the Year.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Track and Field.

CONFERENCE BOYS TRACK AND FIELD SPECIFIC RULES

Section 14 - Conference Meet

The date of the annual boys conference Track and Field meet shall be held on the weekend before the Illinois High School Association Sectional meet.

There shall be two levels conducted, one for the freshman-sophomore competition and one for the varsity squad.

The events and scoring for the boys conference Track and Field meet for both the freshman-sophomore and varsity will be the same as the Illinois High School Association Sectional Track meet of the current year.

The place of the boys conference Track and Field meet will be determined by agreement of the Athletic Directors each year, and the school hosting the meet will conduct the meet with the qualified assistance of member schools.

All field events and preliminary track events are to start at 10:00 am.

A games committee will manage the boys conference Track and Field meet. It will consist of two conference coaches and a knowledgeable starter. It is recommended that one of the two coaches be from the host school of the meet, and the other coach be from next year's host school.

The following schedule will be the format:

- Coaches Scratch Meeting
- Captain and Coaches –
- Officials Meet with Starter

- Freshman-sophomore **Pole Vault**
Followed by varsity at 11:00 am

- Freshman-sophomore **Long Jump**
Followed by varsity at 11:00 am
(Three Jumps-Cafeteria)
- Varsity **Triple Jump**
Followed by freshman-sophomore
(Three Jumps-Cafeteria)
- Freshman-sophomore **High Jump**
Followed by varsity
(Starting height to be determined by coaches)
- Freshman-Sophomore **Discus**
(Three Trials-Two Flights)
- Varsity **Shot Put**
Followed by Freshman-Sophomore
(Three Trials -Two Flights)
- **0100-Meter Dash**
Freshman-Sophomore Semifinal Heats
Varsity Heats
- **0110-Meter High Hurdles**
Freshman-Sophomore Semifinal Heats
Varsity Heats
- **3200-Meter Run**
Freshman-Sophomore Final Heat
- **0200-Meter dash**
Freshman-Sophomore Semifinal Heats
Varsity Heats

National Anthem

- **3200-Meter Relay**
Freshman-Sophomore (One Heat)
Varsity (One Heat)
- **0400-Meter Relay**
Freshman-Sophomore (Two Heats)
Varsity (Two Heats)
- **3200-Meter Run**
Varsity (One Heat)
- **0110-Meter High Hurdles**
Freshman-Sophomore (Final Heat)
Varsity (Final Heat)
- **0100-Meter Dash**
Freshman-Sophomore (Final Heat)
Varsity (Final Heat)
- **0800-Meter Run**
Freshman-Sophomore (Two Heats)
Varsity (Two Heats)
- **0800-Meter Relay**
Freshman-Sophomore (Two Heats)
Varsity (Two Heats)
- **0400-Meter Dash**
Freshman-Sophomore (Three Heats)
Varsity (Three Heats)
- **0300-Meter Intermediate Hurdles**
Freshman-Sophomore (Three Heats)
Varsity (Three Heats)
- **1600-Meter Run**
Freshman-Sophomore (Two Heats)
Varsity (Two Heats)
- **0200-Meter Dash**
Freshman-Sophomore (Final Heat)
Varsity (Final Heat)
- **1600-Meter Relay**
Freshman-Sophomore (Two Heats)
Varsity (Two Heats)

Trainer
 One (01) Starter and One (01) Assistant Starter
 Five (05) Field Event Judges
 Two (02) Finish Line Judges
 One (01) Clerk of Course – Staging Area
 One (01) Camera Assistant – Finish Line
 One (01) Cut line Judge
 Two (02) Curve Judges
 Eight (08) Timers
 Six (06) Pickers
 Two (02) Scorers
 Two (02) Award Assistants
 One (01) Announcer
 Twelve (12) Exchange Zone Judges
 (12) – 0400-Meter Relay
 (08) – 0800-Meter Relay
 (04) – 1600-Meter Relay

Personnel Needed – Students

Twelve (12) Hurdle Crew Assistants
 Sixteen (16) Field Event Assistants
 (03) - Shot Put
 (03) - Discus
 (02) - High Jump
 (04) – Long Jump
 (04) – Triple Jump
 Six (06) - Clerk of Course Assistants

* Personnel Needed - Adults

Article 15 - Girls Track and Field

CONFERENCE GIRLS TRACK AND FIELD COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

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- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity girls Track and Field head coaches are required to attend a pre-season organizational meeting to be attended by all Spring sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Viator High School on Tuesday, February 13, 2007. The Spring pre-season meeting will begin at 07:00 pm.

Section 5 – Tournament Post Season Meeting

The girls Track and Field tournament and post season meeting is scheduled for the following dates

- Monday, April 30, 2007 (Seed);
- Wednesday, May 02, 2007 (Varsity).

Contacts for this meeting are to be made by the host Athletic Director.

The meeting will be conducted at the designated competition site and will begin prior to the start of competition.

Section 6 – Conference Meet Results

Official Conference Meet results will be kept in girls Track and Field for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in girls Track and Field will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for girls Track and Field.

The host school administrator should contact the website host for the presentation format for girls Track and Field.

CONFERENCE GIRLS TRACK AND FIELD ADMINISTRATION

Section 7 – Scheduling

Scheduling of girls Track and Field will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The girls will compete on the varsity levels in a round-robin schedule.

Three or four teams will be scheduled to compete in a meet.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman-sophomore level competition in girls Track and Field shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in girls Track and Field may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Track and Field may not compete against a single school on more than one level of competition per conference scheduling period.

Section 9 – Starting Times

The recommended starting time is 04:30 pm for all girls conference Track and Field dual meet competition.

CONFERENCE GIRLS TRACK AND FIELD HONORS

Six (06) - Clerk of Course Assistants

Section 10 - Championships

The champion named in girls varsity Track and Field will be the school that totals the most points at the Conference Track and Field meet.

In case of any ties, co-champions are recognized.

Section 11 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the varsity level according results of the Conference meet.

Section 12 – Individual Awards

Individual medals shall be given to the first, second, and third place winners in each varsity event.

Ribbons shall be given to the fourth, fifth, and sixth place winners in each varsity event.

Section 13 – Special Post Season Conference Awards

Excellence in girls Track and Field will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year for girl's Track and Field will follow this process. At the coach's seed meeting for the East Suburban Catholic Conference girl's Track and Field Championship meet, each coach will nominate one athlete from their team to be considered as the Athlete of the Year. Coaches will turn in their vote to the meet administrator by the end of the East Suburban Catholic Conference meet. Although the award will be titled Athlete of the Year, the coaches will actually be selecting an athlete of the meet.

The criteria for the selection of the Coach of the Year for girl's Track and Field will follow this process. Each varsity girl's Track and Field head coach will also list the name of his selection for the Coach of the Year. This name will be submitted along with the ballot for the girl's Player of the Year.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Track and Field.

CONFERENCE GIRLS TRACK AND FIELD SPECIFIC RULES

Section 14 - Conference Meet

The annual girls Conference Track and Field meet shall be held on a Wednesday prior to the weekend before the Illinois High School Association Sectional meet.

There shall be one level conducted for the varsity squad.

The events and scoring for the girls conference Track and Field meet will be the same as the Illinois High School Association Sectional Track and Field meet of the current year.

The place of the girls conference Track and Field meet will be determined by agreement of the Athletic Directors each year, and the school hosting the meet will conduct the meet with the qualified assistance of member schools.

All field events will start at 04:00 pm, and preliminary track events are to start at 04:30 pm. The scratch meeting will be held at 03:45 pm.

A games committee will manage the girls conference Track and Field meet. It will consist of three conference coaches and a knowledgeable starter. It is recommended that one of the two coaches be from the host school of the meet, and the other coach be from next year's host school.

The following schedule will be the format:

- Coaches Scratch Meeting
- Captain and Coaches –
- Officials Meet with Starter

- Varsity **Shot Put**
- Varsity **Long Jump**
- Varsity **High Jump**
- Varsity **Pole Vault**
(Four Jumps-Cafeteria)

- Varsity **Discus**
- Varsity **Triple Jump**
(Events will follow at the completion of the Shot Put and Long Jump)
(Four Jumps-Cafeteria)
- **0100-Meter Dash** Preliminaries
Varsity Heats
- **0100-Meter High Hurdles** Preliminaries
Varsity Heats
- **0200-Meter Dash** Preliminaries
Varsity Heats

One (01) Announcer
Twelve (12) Exchange Zone Judges
(12) – 0400-Meter Relay
(08) – 0800-Meter Relay
(04) – 1600-Meter Relay

Personnel Needed – Students

Twelve (12) Hurdle Crew Assistants
Sixteen (16) Field Event Assistants
(03) - Shot Put
(03) - Discus
(02) - High Jump
(04) – Long Jump
(04) – Triple Jump

National Anthem

- **0800-Meter Medley Relay**
Freshman-Sophomore (Possible Two Heats)
- **0800-Meter Medley Relay**
Varsity (Possible Two Heats)
- **3200-Meter Relay**
Freshman-Sophomore (One Heat)
- **3200-Meter Relay**
Varsity (One Heat)
- **0400-Meter Relay**
Freshman-Sophomore (Possible Two Heats)
- **0400-Meter Relay**
Varsity (Possible Two Heats)
- **3200-Meter Run**
Varsity (One Heat)
- **0100-Meter High Hurdles**
Varsity (Final Heat)
- **0100-Meter Dash**
Varsity (Final Heat)
- **0800-Meter Run**
Varsity (Possible Two Heats)
- **0800-Meter Relay**
Freshman-Sophomore (Possible Two Heats)
- **0800-Meter Relay**
Varsity (Possible Two Heats)
- **0400-Meter Dash**
Varsity (Possible Three Heats)
- **0300-Meter Low Hurdles**
Varsity (Possible Three Heats)
- **1600-Meter Run**
Varsity (Possible Two Heats)
- **0200-Meter Dash**
Varsity (Final Heat)
- **1600-Meter Relay**
Freshman-Sophomore (Possible Two Heats)
- **1600-Meter Relay**
Varsity (Possible Two Heats)

*Personnel Needed - Adults

Trainer

One (01) Starter and One (01) Assistant Starter
Five (05) Field Event Judges
Two (02) Finish Line Judges
One (01) Clerk of Course – Staging Area
One (01) Camera Assistant – Finish Line
One (01) Cut line Judge
Two (02) Curve Judges
Eight (08) Timers
Six (06) Pickers
Two (02) Scorers
Two (02) Award Assistants

Article 17 - Boys Volleyball

CONFERENCE BOYS VOLLEYBALL COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
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- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
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- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Volleyball head coaches are required to attend a pre-season organizational meeting to be attended by all Spring sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Viator High School on Tuesday, February 13, 2007. The Spring pre-season meeting will begin at 07:00 pm.

Section 5 – All Conference Selection Meeting

The boys Volleyball All Conference and post season meeting will be held on Sunday, May 20, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

Section 6 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and game results will be kept in boys Volleyball for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

CONFERENCE BOYS VOLLEYBALL ADMINISTRATION

Section 7 – Scheduling

Scheduling of boys Volleyball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

There will be a single round robin schedule for the freshman, sophomore, and varsity teams.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Volleyball shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in boys Volleyball shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Volleyball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in boys Volleyball may not compete against a single school on more than one level of competition per conference scheduling period.

Section 9 - Starting Times

The recommended starting time is 05:00 pm for all freshman and sophomore boys Volleyball competition.

The recommended starting time is 06:15 pm for all varsity boys Volleyball competition.

Section 10 - Officials

Two Illinois High School Association officials are to be contracted for a varsity boys Volleyball contest.

Two Illinois High School Association officials are to be contracted for the freshman and sophomore boys Volleyball contests.

Section 11 - School Information

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Boys Volleyball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Boys Volleyball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

CONFERENCE BOYS VOLLEYBALL HONORS

Section 12 - Championships

Championships in freshman, sophomore, and varsity boys Volleyball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

Section 13 –Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the results of the Conference dual meet standings.

Section 14 - All-Conference

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in boys Volleyball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for boys Volleyball shall be determined by the Athletic Directors and has been set at seventeen (17).

ALL CONFERENCE TEAM SELECTION PROCEDURES

- a. Each conference head coach may nominate individuals according to the conference finish order. The following nomination totals can be made according to the conference finish:

First Place – Four Nominations
Second Place – Four Nominations
Third Place – Four Nominations
Fourth Place – Three Nominations

Fifth Place – Three Nominations
Sixth Place – Three Nominations
Seventh Place – Three Nominations
Eighth Place – Two Nominations
Ninth Place – Two Nominations
Tenth Place – Two Nominations

- b. Coaches will have an opportunity to talk about their nominees before the voting takes place.
- c. Coaches can vote for any seventeen (17) nominees, including their own. Points will be calculated with the top seventeen (17) individuals receiving All-Conference awards.
- d. Ties must be resolved. There will be only thirteen All-Conference selections.
- e. There are no guaranteed spots for a school.
- f. Schools not in attendance will not receive consideration for the All-Conference team. In case of an emergency, a coach can ask (hopefully with some advance notice) that his players be nominated and voted on at the meeting. In this case, it will be up to the coaches who are present to decide on these emergency nominations. The “emergency-missing” coach will not be able to vote.
- g. The top vote getter will be named the Most Valuable Player of the conference.

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The boys Volleyball meeting is scheduled for Sunday, May 20, 2007.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

The Conference Secretary is responsible to publish the boys Volleyball All Conference team.

There will be a copy of the boys Volleyball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

Section 15 – Special Post Season Conference Awards

Excellence in boys Volleyball will be recognized with the selection of a Player of the Year and a Coach of the year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Volleyball coaches of the Conference.

The Most Valuable Player of the conference in boys Volleyball will be the individual that receives the highest number of votes in the balloting for All Conference.

The Coach of the Year of the Conference in boys Volleyball will be the individual that receives the highest number of votes after nomination.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Volleyball.

CONFERENCE BOYS VOLLEYBALL SPECIFIC RULES

Section 16 - Game Ball

The official Conference volleyball will follow the State or Illinois High School Association regulations.

The host school at all levels of boys Volleyball will be responsible for supplying volleyballs to visiting schools for all warm up periods.

The host team at all levels shall provide the visiting team with a chalkboard or grease board with appropriate writing implements.

Article 17 - Girls Volleyball

CONFERENCE GIRLS VOLLEYBALL COMMUNICATION

Section 1 – Website

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The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity girls Volleyball head coaches are required to attend a pre-season organizational meeting to be attended by all Fall sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at St Joseph High School on Sunday, August 20, 2006. The Fall pre-season meeting will begin at 10:00 am.

Section 5 – All Conference Selection Meeting

The girls Volleyball All Conference and post season meeting will be held on Sunday, October 22, 2006.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

Section 7 – Results And Statistics

The East Suburban Catholic Conference has designated Brother Richard Brady as the Conference Statistician.

Official team standings and game results will be kept in girls Volleyball for the freshman, sophomore, and varsity levels of competition.

Team standings and game results will be posted on the East Suburban Catholic Conference website and will be updated as results become available through the Conference Statistician.

It is the responsibility of each head coach at the freshman, sophomore, and varsity level to FAX each game result to the Conference Statistician at the conclusion of each contested event.

Special forms have been prepared for the reporting of results to the Conference Statistician. They can be found on the East Suburban Catholic Conference website.

Results should be FAX immediately. If a contest has been cancelled or rescheduled, it is the responsibility of each head coach at the freshman, sophomore, and varsity level to identify that information to the Conference Statistician.

Results should be FAX to Brother Richard Brady at (312) 225-7731.

CONFERENCE GIRLS VOLLEYBALL ADMINISTRATION

Section 7 – Scheduling

Scheduling of girls Volleyball will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year.

The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

There will be a single round robin schedule for the freshman, sophomore, and varsity teams.

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in girls Volleyball shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in girls Volleyball shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in girls Volleyball may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

A player (contestant) in girls Volleyball may not compete against a single school on more than one level of competition per conference scheduling period.

Section 9 - Starting Times

The recommended starting time is 05:00 pm for all freshman and sophomore girls Volleyball competition.

The recommended starting time is 06:15 pm for all varsity girls Volleyball competition.

Section 10 - Officials

Two Illinois High School Association officials are to be contracted for a varsity girls Volleyball contest.

Two Illinois High School Association officials are to be contracted for the freshman and sophomore girls Volleyball contests.

Section 11 - School Information

All Conference schools shall furnish the following information to the other schools at least one week prior to their scheduled varsity game.

Girls Volleyball Information Sheet (as prepared by individual schools)

- Name of school,
- Name of principal,
- Name of athletic director,
- Names of varsity coaches,
- School colors;
- School nickname,
- Names of trainers and managers,
- Name of team physician.

Girls Volleyball Roster (s) for all levels of competition (as prepared by individual school)

- Numbers (arranged numerically according to away jersey numbers);
- Names;
- Positions;
- Year In School;
- Height;
- Weight.

Any changes in players' numbers that may occur after the original roster (s) has been supplied should be corrected by the head coach to the opposing head coach and to the announcer prior to the start of the contest.

CONFERENCE GIRLS VOLLEYBALL HONORS

Section 12 - Championships

Championships in freshman, sophomore, and varsity girls Volleyball will be determined on a percentage basis. In the event of a tie, co-championships will be recognized.

A team that does not play a full Conference schedule will not be considered for the championship.

Section 13 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the results of the Conference dual meet standings.

Section 14 - All-Conference

Certificates of Honor will be presented to an All-Conference team, as determined by the vote of the coaches of all member schools participating in girls Volleyball.

Certificates will be prepared and awarded to the schools by the secretary. The number of certificates awarded for girls Volleyball shall be determined by the Athletic Directors and has been set at seventeen (17).

ALL CONFERENCE TEAM SELECTION PROCEDURES

- a. Each conference head coach may nominate individuals according to the conference finish order. The following nomination totals can be made according to the conference finish:

First Place – Four Nominations
Second Place – Four Nominations
Third Place – Four Nominations
Fourth Place – Three Nominations

Fifth Place – Three Nominations
Sixth Place – Three Nominations
Seventh Place – Three Nominations
Eighth Place – Two Nominations
Ninth Place – Two Nominations
Tenth Place – Two Nominations

- b. After nominations have been gathered, discussion will take place concerning each individual in the following order:
1. Coach will talk about own player;
 2. Other coaches talk about opponent player;
 3. Discussion to eliminate players from the nominated list based on prior discussion;
 4. Vote to break any ties.
- c. Coaches can vote for any seventeen (17) nominees, including their own. Points will be calculated with the top seventeen (17) individuals receiving All-Conference awards.
- d. Ties must be resolved. There will be only seventeen (17) All-Conference selections.
- e. There are no guaranteed spots for a school.
- f. Schools not in attendance will not receive consideration for the All-Conference team. In case of an emergency, a coach can ask (hopefully with some advance notice) that his players be nominated and voted on at the meeting. In this case, it will be up to the coaches who are present to decide on these emergency nominations. The “emergency-missing” coach will not be able to vote.
- g. The top vote getter will be awarded the Most Valuable Player Award for girls Volleyball.

Selection of All-Conference players will be done at the special meeting held immediately after the championship is determined.

The girls Volleyball meeting is scheduled for Sunday, October 22, 2006.

Contacts for this meeting are to be made by the Conference Secretary.

The meeting will be held at St Patrick High School and begin at 10:00 am.

The Conference Secretary is responsible to publish the girls Volleyball All Conference team.

There will be a copy of the girls Volleyball All Conference team published on the East Suburban Catholic Conference website.

The Conference does not recognize Honorable Mention teams and will not publish or recognize any such selections.

Section 15 – Special Post Season Conference Awards

Excellence in girls Volleyball will be recognized with the selection of a Player of the Year and a Coach of the Year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the girls Volleyball coaches of the Conference.

The Most Valuable Player of the conference in girls Volleyball will be the individual that receives the highest number of votes in the balloting for All Conference.

Criteria will need to be developed in the 2006-07 school year for the Coach of the Year recognition in girls Volleyball.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in girls Volleyball.

CONFERENCE GIRLS VOLLEYBALL SPECIFIC RULES

Section 16 - Game Ball

The official Conference volleyball will follow the State or Illinois High School Association regulations.

The host school at all levels of girls Volleyball will be responsible for supplying volleyballs to visiting schools for all warm up periods.

The host team at all levels shall provide the visiting team with a chalkboard or grease board with appropriate writing implements.

Article 18 - Wrestling

CONFERENCE BOYS WRESTLING COMMUNICATION

Section 1 – Website

The East Suburban Catholic Conference maintains a website specifically dedicated to information, activities, results, and archives as they relate to the Conference events.

The East Suburban Catholic Conference website is the communication device for many of the affairs of the Conference.

The following information is accessible through the website:

- Individual sport discipline history and archives;
- Up to date yearly sport season team standings;
- Up to date yearly sport season individual statistics;
- Up to date yearly Conference Meet and Tournament results;
- Up to date yearly All Conference teams;
- Up to date yearly Team and Individual State Competitors;
- Up to date yearly Player of the Year and Coach of the Year Information;
- Conference contact information by individual school;
- Conference Chair contact information;
- Yearly Conference Administrative Calendar;
- Yearly Conference Meeting Date Calendar;
- Conference Constitution and By Laws;
- Conference Athletic Operating Procedures;
- Conference Report Forms for reporting statistics and results;
- Conference Report Formats for reporting Conference Tournament and Meet results;
- Link to the Illinois High School Association;
- Link to the Illinois Athletic Directors Association;
- Link to the NCAA Clearinghouse;
- Link to the National Interscholastic Athletic Administrators Association;
- Hall of Fame Information;
- Scholar Athlete Information;
- Access to directions to schools;
- Team Pictures and Individual Pictures.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to use the website to the benefit of their programs.

Conference sport discipline coaching staff members and Athletic Directors are encouraged to supply necessary material, information, and championship pictures to the website coordinator and to proof posted materials.

Section 2 – Schedule Keeper

The East Suburban Catholic Conference provides access to yearly schedules and future schedules for all East Suburban Catholic Conference personnel through the program League Keeper.

The League Keeper program will be administered by the Athletic Directors of the East Suburban Catholic Conference.

Schedule revisions, cancellations, and reschedules can be made by Conference Athletic Directors by contacting the

Athletic Director – Duane Buturusis - at Nazareth Academy (708) – 387-8558.

Section 3 – Meetings

The East Suburban Catholic Conference has scheduled meetings throughout the school year to facilitate the operation of the Conference and its activities.

Each school is required to present a knowledgeable representative to all scheduled meetings.

It is expected that the head coach of each conference school would make every effort to attend.

In the event there is a need to send a substitute, it is expected that the head coach will prepare the designee with necessary agenda and information so that each school will be represented in a positive manner.

Section 4 – Pre Season Meeting

Varsity boys Wrestling head coaches are required to attend a pre-season organizational meeting to be attended by all Winter sport disciplines of the Conference.

Pre-season meetings are mandatory.

Each Conference school must be represented at the pre-season meeting.

Failure to present the first time will result in probation for the head coach.

Failure to present for a second successive year will result in a suspension for the first three scheduled conference activities for that sport discipline.

This meeting will be held at Nazareth Academy on Wednesday, October 25, 2006. The Winter pre-season meeting will begin at 07:00 pm.

Section 5 – Tournament Post Season Meeting

The boys Wrestling tournament is scheduled for the following dates:

- Wednesday, January 24, 2007 (Seed);
- Friday, January 26, 2007 (Varsity);
- Saturday, January 27, 2007 (Freshman and Sophomore).

East Suburban Catholic Conference Tournament Seeding Meeting - This meeting will be scheduled for the Wednesday evening prior to the East Suburban Catholic Conference Tournament. This meeting will be hosted at Notre Dame High School. The meeting will be scheduled to start at 07:00 pm;

East Suburban Catholic Conference post-season meeting - This meeting will be scheduled for the Tuesday evening after the Illinois High School Dual Team State Tournament. This meeting will be hosted at Notre Dame High School. The meeting will be scheduled to start at 07:00 pm;

The boys Wrestling post season meeting is scheduled for Tuesday, March 06, 2007.

Section 6 – Conference Meet Results

Official Conference Meet results will be kept in boys Wrestling for the freshman-sophomore and varsity levels of competition.

Final team standings and Conference Meet results will be posted on the East Suburban Catholic Conference website.

The host school for the Conference Meet in boys Wrestling will be responsible to publish the results for the freshman-sophomore and varsity levels of competition.

Conference Meet results should be made available to the website host at the conclusion of the competition and those results will be posted on the East Suburban Catholic Conference website.

There is a particular presentation format for the results of the freshman-sophomore and varsity levels of competition for boys Wrestling.

The host school administrator should contact the website host for the presentation format for boys Wrestling.

CONFERENCE BOYS WRESTLING ADMINISTRATION

Section 7 – Scheduling

Scheduling of boys Wrestling will be done by the Athletic Directors or their designees.

The Chairperson of the East Suburban Catholic Conference Athletic Directors will prepare a Master Contract that will contain all conference schedules for the succeeding year. The Master Contract will be signed by the Principal and Athletic Director of each member school at the May Board of Control Meeting.

The member schools of the East Suburban Catholic Conference will conduct a single and double dual, round robin schedule, which will follow a three-year rotation at the freshman, sophomore, and varsity levels.

Double dual wrestling competition within the East Suburban Catholic Conference will begin at 05:15 pm.

The school that travels furthest will wrestle the host school in the first dual meet.

The school that travels furthest will wrestle the third opponent in the second dual meet.

The third opponent and the host school will wrestle in the third dual meet.

It is highly recommended that wrestling take place on three (03) mats when and where possible. It is understood that different facilities necessitate certain decisions. Administrators are highly encouraged to make an earnest effort to wrestle on three mats if at all possible.

A level of competition should be assigned to a particular mat. Each mat should run continuous dual meets until that level is completed. Adequate warm up time should be allowed between dual meets.

If a level finishes early, matches from another mat and level may be moved to the mat that has finished its level. Protocol dictates that both involved coaches agree to this move or the move should not be pressed.

Approved Varsity Weight Classes For Double Dual Competition:

103 Pounds - 112 Pounds - 119 Pounds - 125 Pounds –
130 Pounds - 135 Pounds - 140 Pounds - 145 Pounds –
152 Pounds - 160 Pounds - 171 Pounds - 189 Pounds –
215 Pounds - 275 Pounds

Approved Sophomore Weight Classes For Double Dual Competition:

098 Pounds - 103 Pounds - 112 Pounds - 119 Pounds –
125 Pounds - 130 Pounds - 135 Pounds - 140 Pounds –
145 Pounds - 152 Pounds - 160 Pounds - 171 Pounds –
189 Pounds - 215 Pounds - 275 Pounds

Approved Freshman Weight Classes For Double Dual Competition:

093 Pounds - 098 Pounds - 103 Pounds - 112 Pounds –
119 Pounds - 125 Pounds - 130 Pounds - 135 Pounds –
140 Pounds - 145 Pounds - 152 Pounds - 160 Pounds –
171 Pounds - 189 Pounds - 215 Pounds - 275 Pounds

Section 8 - Eligibility

The Rules of Eligibility of the Illinois High School Association shall apply.

Freshman level competition in boys Wrestling shall be limited to students in their first two semesters after entering the ninth (9th) grade.

Sophomore level competition in boys Wrestling shall be limited to students in their first four semesters after entering the ninth (9th) grade.

Varsity level competition in boys Wrestling may include students in the freshman, sophomore, junior, or senior years of school unless individual operating procedures designate otherwise.

No contestant shall compete on more than one level per conference scheduling period.

A wrestler may only compete on one level of competition in the Conference tournament.

A wrestler may only compete on one level against one school during dual meet competition. A wrestler may wrestle two different levels against different schools during double dual competition.

Section 9 - Starting Times

The recommended starting time is 05:15 pm for all freshman, sophomore, and varsity Wrestling competition using the double dual format.

Section 10 - Officials

The East Suburban Catholic Conference will employ an officials' assignment chairman who will be responsible for assigning officials for double dual competition and for the conference tournaments.

Assignments are to be made for officials designated for certain levels of competition officiating.

Conference wrestling coaches are responsible for forwarding a composite listing of acceptable officials for their own school to be used in assignment of their meets.

The assignment chairman will make Officials Evaluation Forms available for conference coaches for the purpose of rating and evaluating assigned officials.

One Illinois High School Association official is to be contracted for a varsity boys Wrestling contest.

One Illinois High School Association official is to be contracted for a sophomore boys Wrestling contest.

One Illinois High School Association official is to be contracted for a freshman boys Wrestling contest.

CONFERENCE BOYS WRESTLING HONORS

Section 11 - Championships

The freshman, sophomore, and varsity championships shall be determined by the points awarded according to the teams' finishes in the Conference meet and the points awarded the teams' places in the final standings for dual meets. In the Conference meet, a team finish will procure the following place points:

- first, twenty-four (24) points;
- second, twenty- one (21) points;
- third, eighteen (18) points;
- fourth, fifteen (15) points;
- fifth, twelve (12) points;
- sixth, nine (09) points;
- seventh, six (06) points; and
- eighth, three (03) points.

In the final standings from the dual meets, a team finish will procure the following point totals:

- first, sixteen (16) points;
- second, fourteen (14) points;
- third, twelve (12) points;
- fourth, ten (10) points;
- fifth, eight (08) points;
- sixth, six (06) points;
- seventh, four (04) points;
- eighth, two (02) points.

The Conference champions will be the teams at each of three levels with the highest combination of the two sets of points.

Section 12 – Team Awards

A plaque will be awarded every year to the team champions or co-champions at the freshman, sophomore, and varsity levels according to the results of the Conference dual meet standings and the results of the Conference meet.

Section 13 – Individual Awards

Individual medals shall be awarded to the first three placers in each weight class at the freshman, sophomore, and varsity levels.

An award will be given to the Most Valuable Wrestler at the East Suburban Catholic Conference Tournament. The head coaches at the championship meet will vote this award on.

Section 14 – Special Post Season Conference Awards

Excellence in boys Wrestling will be recognized with the selection of a Player of the Year and a Coach of the Year.

The criteria for the selection of the Player of the Year and the Coach of the Year will be developed by the boys Wrestling coaches of the Conference.

The Most Valuable Player of the conference in boys Wrestling will be the individual that receives the highest number of votes in the balloting for All Conference.

Criteria will need to be developed in the 2006-07 school year for the Coach of the Year recognition in boys Wrestling.

A specially designed Conference Certificate of Honor will be presented to the Player of the Year and Coach of the Year in boys Wrestling.

CONFERENCE BOYS WRESTLING SPECIFIC RULES

Section 15 - Conference Tournament

The East Suburban Catholic Conference will conduct individual conference wrestling tournaments at the freshman, sophomore, and varsity levels. The tournaments will be conducted one week prior to the Illinois High School Association Regional Tournament.

The place and time of the Conference meet will be determined by agreement of the Athletic Directors each year and the designated hosts of the Conference meets will be responsible for conducting the tournaments.

The weight classes, format, and scoring for the varsity level tournament will be the same as the Illinois High School Association for the current year. Wrestling will take place in the following weight classes:

103 Pounds - 112 Pounds - 119 Pounds - 125 Pounds –
130 Pounds - 135 Pounds - 140 Pounds - 145 Pounds –
152 Pounds - 160 Pounds - 171 Pounds - 189 Pounds –
215 Pounds - 275 Pounds

The weight classes, format, and scoring for the sophomore level tournament will be identical to the varsity tournament with the exception that there be a wrestle back round to fifth place. The freshman and sophomore East Suburban Catholic Conference will wrestle back to fifth place during their conference tournaments. The wrestle back should take place from the semifinalists with cross-bracketing occurring. There should be automatic advancements (walk over). Scoring will take place to sixth place. Awards will be given to third place. Wrestling will take place in the following weight classes:

098 Pounds - 103 Pounds - 112 Pounds - 119 Pounds –
125 Pounds - 130 Pounds - 135 Pounds - 140 Pounds –
145 Pounds - 152 Pounds - 160 Pounds - 171 Pounds –
189 Pounds - 215 Pounds - 275 Pounds

The weight classes, format, and scoring for the freshman level tournament will be identical to the varsity tournament with the exception that there be a wrestle back round to fifth place. The freshman and sophomore East Suburban Catholic Conference will wrestle back to fifth place during their conference tournaments. The wrestle back should take place from the semifinalists with cross-bracketing occurring. There should be automatic advancements (walk over). Scoring will take place to sixth place. Awards will be given to third place. Wrestling will take place in the following weight classes:

093 Pounds - 098 Pounds - 103 Pounds - 112 Pounds –
119 Pounds - 125 Pounds - 130 Pounds - 135 Pounds –
140 Pounds - 145 Pounds - 152 Pounds - 160 Pounds –
171 Pounds - 189 Pounds - 215 Pounds - 275 Pounds

The weight classes, in addition to those sanctioned by the Illinois High School Association, must have the approval of the Athletic Directors.

The varsity Conference tournament will be wrestled on a Friday, one week prior to the Illinois High School Association Regional Tournament. The varsity Conference tournament will be scheduled to start at 03:30 pm. Weigh-in time will be designated from 01:30 pm through 03:00 pm. Scratch meetings will be held (as necessary) during the time between the weigh-in and the designated starting time.

The sophomore Conference tournament will be wrestled on a Saturday, one week prior to the Illinois High School Association Regional Tournament. The sophomore Conference tournament will be scheduled to start at 09:00 am. Weigh-in time will be designated from 07:00 am through 08:30 am. Scratch meetings will be held (as necessary) during the time between the weigh-in and the designated starting time.

The freshman Conference tournament will be wrestled on a Sunday, one week prior to the Illinois High School Association Regional Tournament. The freshman Conference tournament will be scheduled to start at 09:00 am. Weigh-in time will be designated from 07:00 am through 08:30 am. Scratch meetings will be held (as necessary) during the time between the weigh-in and the designated starting time.

Meetings will be conducted on the Thursday prior to the conference tournament to seed the freshman, sophomore, and varsity level tournaments. The seeding meetings will be conducted at the centrally located Notre Dame High School in Niles, Illinois, and will begin at 07:00 pm. A general meeting should be conducted to discuss tournament procedure and to answer pertinent questions. Three meeting areas should be designated for freshman, sophomore, and varsity level coaches to convene and to seed the three level tournaments.

An award will be presented to the student-athlete named the "Outstanding Wrestler of the East Suburban Catholic Conference Varsity Wrestling Tournament." The student-athlete will be selected by vote of the varsity coaches at the varsity conference meet. Each coach will vote for three individuals. The first listed position is worth three (03) points, the second listed position is worth two (02) points, and the third listed position is worth one (01) point. The "Outstanding Wrestler of the East Suburban Catholic Conference Varsity Wrestling Tournament" will be named from this voting process.

Each Conference school will be responsible for a forty-dollar (\$40.00) entry fee to the host school of each level of the East Suburban Catholic Conference Wrestling Tournaments.

Section 16 - Conference Tournament Criteria

EAST SUBURBAN CATHOLIC CONFERENCE SEEDING CRITERIA FOR WRESTLING

ILLINOIS HIGH SCHOOL ASSOCIATION SEEDING CRITERIA

1. Record versus common opponents (including head-to-head)
2. Returning champion or runner up in the same weight class
3. Quality of competition
4. Season record
5. Vote of coaches who have wrestlers in the same weight class

EAST SUBURBAN CATHOLIC CONFERENCE SEEDING CRITERIA FOR WRESTLING

1. Conference record which includes head to head competition (This is the eight dual meets in our schedules)
2. Season record (Overall record)
3. Record versus common opponents
4. Returning champion or runner up in the same weight class as last year
5. Vote of coaches who have wrestlers in that weight class

(Obviously #04 does not fit the freshman level and might not fit the sophomore level)

When figuring a wrestler's record, it should be done at the weight class that he is going to enter. A wrestler's overall record is every match he has wrestled. It should be understood that when a wrestler comes down in weight class (say from 112 pounds to 103 pounds), his record should also come down with him. However, the converse is not true for a wrestler going up a weight class (say from 112 pounds to 119 pounds). The record at 112 pounds does not go up. In order to have a seed, a wrestler must have three matches in the Conference.

**A WRESTLER IS ENTERED IN THE CONFERENCE
WRESTLING TOURNAMENT AT ANY ONE OF THE THREE
LEVELS WHEN THAT INDIVIDUAL MEETS THE SCALE
REQUIREMENTS AT THE WEIGH IN.**